



OMNIOLORE NEWS



Volume 34 Issue 1

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February 2025

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Laptop Administrator	Rick Spillane
Equipment	Rick Spillane
Supplies	Susan Strauss
Office Manager	Lynn Anderson
Member Advocate	Gloria Martin
Web Team	TBD

Travel to the Icy North Pole with Steve Blinder

by Susan Strauss



Our February 28th Forum will be “A Journey into the Ice”. guided by Steve Blinder, a renowned South Bay resident who is an author, entrepreneur, world-wide traveler, and award-winning photographer.

Steve has been able to interact and establish lifelong relationships with an incredibly diverse set of people – spanning the range from multi-millionaires to criminals, rock stars and super-star athletes. He has written books, ‘Panga’ and ‘The Last City.’ Steve has traveled extensively to all 7 continents, including recent adventures in Antarctica, Botswana, Sahara Desert, the Inca Trail, the Amazon Jungle, Patagonia, and many other adventure spots. He has received many awards for

photography and has given presentations on a wide range of subjects including Elephants in Botswana, to Icebergs in Antarctica to Drone Photography.

It would be fascinating to hear about all of Steve’s experiences. However, the focus of the Forum will be his stories about the Arctic, land of ice and wildlife, just below the North Pole. In a video and with PowerPoint presentation he will fascinate us with photos of resident animals and other amazing features which he encountered in his recent adventures to the Arctic Ocean including to the Svalbard Archipelago which is halfway between Norway and the North Pole.

If visiting the icy North Pole is on your bucket list, but not likely to happen, another option you have is to be at the Forum to vicariously enjoy the experience through the stories of Steve Blinder.



The Forum luncheon will be held at:

Friday, February 28, 2025: Social Hour 11 AM, Lunch, Noon
Mary and Joseph Retreat Center at 5300 Crest Road
Rancho Palos Verdes, CA 90275

Theme: “Into the Ice”

Purchase Forum Tickets: <https://omnilore-ecart.squarespace.com/forum>

Menu: Grilled Tri Tip Steak, Grilled Vegetables, Roasted Potatoes, Garden Salad, Rolls and Butter and Ice Cream Cake for Dessert. Vegetarian Option: Eggplant Parmigiana.

The cost is \$45 per person. See our new online payment system or use the Reservation Form accompanying the Forum Flyer.

Reservations must be received by February 21st.

OMNIOLORE NEWS is a publication of OMNIOLORE Learning-In-Retirement, Inc., a tax-exempt 501 (c)(3) nonprofit public benefit corporation.

OMNIOLORE NEWS is published three times annually. We welcome short feature articles and news stories. Please contact the editor with your contributions.

Editor: Joan Kolic

Staff: Shera Dolmatz, Jim North, Mitchell Petredis

Letter from the President

The members of the Management Council have provided invaluable service to ensure the continued success of Omnilore. We also want to welcome back Johan Smith who has recovered from her illness. Johan is so essential to the smooth functioning of Omnilore.

Susan Straus and Ralph Ford have recruited 13 new members! Great Job! Susan has also coordinated the Lifestyle Activity – Behind the Kitchen Door. The members – all 20 of them are enjoying delicious dinners at area restaurants and chatting with the restaurant owners and chefs. Leslie Criswell has coordinated field trips where our members have viewed botanical Gardens, area museums, as well as theater productions. Omnilore continues to share presentations for residents at the Canterbury Assisted Living Facility.

We are updating our user interface to provide current member information that will be available on the Omnilore website. Members have the option of sharing their picture on our website. Further enhancements and refinements are in the works. We thank all those who are lending their expertise. Our Technical group comprised of Al Ortiz, Cathy Gallipeau, Michael Feygin, Mike Fitzsimons, Donna Wong, Bill Gargaro and I have been actively engaged on many of the technical topics to update our website and provide a better online experience for our members.

I also want to encourage members to join our Walking Group on March 14 at 10 AM to view the spectacular vistas of the annual spring migration of the Pacific gray whales and their calves at the peak migration month.

The Management Council is committed to ensure that all Omniloreans continue to enjoy all our learning and social activities.



Judi Carter

By Shera Dolmatz



Judi North has a soft southern draw that reflects her Georgia upbringing. She hails from a small cotton mill town, Gainesville. Judi obtained her B.S. degree in biology and married her high school sweetheart. After completing college, Judi taught biology at a high school in Atlanta. While teaching, she obtained her master's degree in biology. She took a year long sabbatical to focus on her master's Thesis which focused on aquatic insect larvae in the polluted streams in Atlanta. She waded into streams to collect the larvae underneath rocks and to measure the oxygen, nitrogen, flow rate, etc. She was searching for two genera of caddis fly larvae that were previously considered "clean water indicative," yet these two genera were founded in Atlanta's polluted streams in profusion. These were later still listed as "clean water indicative" genera but were among the few to be classified as moderately tolerant to pollution. She later learned while traveling in London, she met an EPA agent who had used her thesis to advance his knowledge in his work.

After obtaining her master's degree, she taught Anatomy and Physiology at Georgia State University until her first child was born. When the children were older, she returned to teaching in area high schools, community college, as well as Oglethorpe University, Mercer University and again at Georgia State University. Teaching allowed Judi to have 2 months of to travel each summer.

She has participated in a program with the East-West Center in Honolulu sponsored by the US government through the University of Hawaii. The program was created to improve east-west relations so that teachers could learn about different cultures with their interactions with each other She has traveled extensively throughout Europe, Asia, and Africa. To Judi, travel is the best way to gain empathy for people of the world and to appreciate what you have.

Although she is retired, Judi continues to tutor students in Advanced Placement Biology and Honors Biology in several states via FaceTime. She loves watching her students' achievements.

She moved to the South Bay to be close to her son and daughter who had relocated to California. She loves being involved with her children and 5 grandchildren had can be actively involved in so many of their activities. She is an active member of the Pacific Unitarian Church. Unfortunately, she recently lost her beloved rescue dog, Ollie, who suffered with blindness, deafness, and seizures.

She was introduced to Omnilore through her friend, Karen Marickel who is an Omnilore member. Judi enthusiastically noted, "It's been great. I love learning. That is one of my favorite things, and this organization fits that space. I enjoy researching and presenting my findings to the class." In addition, she has made close friends with and enjoys participating in a community of like-minded, knowledge-seeking people that Omnilore provides. Primarily, Judi focuses on science classes and enjoyed learning about female evolution in the EVE class. She has taken some fun classes about food and wine. She is a fabulous cook and her Southern dishes, was a treat for all in the food and wine classes. Judi advises "to keep on learning your entire life to try to understand the crazy world that we live in."

Fun at the Halloween Forum



Pictured: Susan Strauss, Wendy Morgan, Sunny Moss

So many people, laughing, talking, showing off costumes. The dining hall at the Red Onion seemed so enticing, beguiling, and welcoming. As Omnilorean guests stepped into the scene of the Halloween/Freedom Forum, this is what they encountered. Halloween decorations abound, including orange and black tablecloths, witches' hats filled with candy on all the tables, and a skeleton hanging on the walls. Most people were dressed in amazing costumes, including Deborah Hawkins as "Where's Waldo, and Jean Steinmetz dressed as a cat. Al Rosen looked like a befuddles doctor who was named Dr. Geek Nerd, Omnilore University.

The highlight of the event was the entertainment provided by the Penny Royal Players, a group of 10 women led by Anne Destabelle who presented the "Suffragette Musical: from Battles to Ballots." It was a creative and energetic portrayal of 28 women who fought for their rights. Anne, an Omnilorean, wrote the script and directed the program. The singers very effectively pulled the audience back into history, reminding us of the women who sacrificed for us all.

Absolutely everyone who attended was in the spirit: the spirit of Halloween, the spirit of Omnilore, and the spirit of the suffragettes.



Pictured: Selma Weaton, Irene Berlin



Pictured: Joan Kolic with Penny Royal Players Cecilia Rogers, Liz Cantine, and Gloria Godet



Pictured: Kathy Zimmerman and Jean Steinmetz



Pictured: Deborah Hawkins and Karol McQuaery



Pictured: Al and Pauline Rosen



Welcoming New Members of 2024!

Welcome to all the new members who joined us in 2024 - Michele Bynum, Irene Berlin, Vickie Hershberger, Cheryl Steinkamp, Nancy Miller, Janet Jackson, Kathleen Murphy, Judith Reif, Diane Sylvia, and Raj Dugal. We also welcome back Rose Kolas. You have made a wise decision to join Omnilore as it offers so much of what we need in our senior years – having new friends and challenging our minds to learn. You will have an opportunity to share a wide variety of subjects including science, history, films, short stories, and foods/wine. You will challenge yourself to prepare presentations on a subject of your interest. We will support you in your endeavors!

We suggest you join the Lifestyle groups to go to the



theaters, restaurants, museums, and concerts. LA has so much to offer. We don't like to go alone, so taking part in the Lifestyle groups offers you the opportunity to share good times with others.

We encourage you to be as active as you want. Remember, the more active you are, the more you will benefit.

You are remaining a member because it is in your best interest – keeping your mind sharp and enjoying life with good friends.

We are thrilled that you joined us and look forward to seeing what you can accomplish with your unique ideas and abilities. We look forward to getting to know you!

Arthur Garrison Profile

Arthur Garrison has been a member of Omnilore for about a year. Yet, he is recognized for his intelligence and for his insightful contributions to class discussion. For this reason, He has been selected to be a Member-at-Large for the Omnilore Board.

Arthur shared his background with us. His mother grew up during the turbulent Spanish Civil War. After the war ended, society started to recover. His mother took a position with the Spanish Ministry of Foreign Affairs and was assigned to the consulate in Galveston, Texas. There she met and married his father. When he was 9 years old, she wanted to return to Spain so her children could gain the unique Spanish culture. The family then moved to Madrid where Arthur quickly became fluent in Spanish and culturally adapted.

A few years later, the family relocated to London. There, he and his brothers were enrolled in a school that offered an American curriculum. Arthur was amazed noting that the world 'opened up'. He experienced his first science class where they built a 'hovercraft' using a vacuum cleaner. He discovered the Beatles and developed a love of music. He also was exposed to a wide range of others who had a different background and culture. Many of his childhood friends were from other countries including Japan, Lebanon, Iran, and Greece. He returned to the US and graduated from Rice University in Texas. Arthur had an affinity for math and graduated with an engineering degree with a concentration in communication systems. He accepted a position with TRW and moved to Redondo Beach.



His fond memories in multinational culture were reawakened in 1997 when he accepted an assignment in London. There he met and married his wife, Ruth. His ability to relate and gain friends from all over the world made him sensitive to others who held different cultural and value perspectives. Arthur noted that he finds it hard to hold any views on social issues with a high degree of certainty. He has a T-shirt that reads, "I think you'll find it's a bit more complicated than that."

Arthur has been an avid runner since his first day at TRW. He found himself continuously sitting in a chair throughout the workday. He also commuted on a bicycle for his entire career including the years in London. There, he found dodging cars on narrow-congested streets exhilarating. Since retiring in 2013, he had to avoid running due to his worn-out knees. Instead, he now plays drums with a rock band.

Arthur and his wife are enjoying the experience of building a house in Hollywood Riviera. He is acting as the general contractor; they are doing much of the work themselves. Arthur jokes that he tried to convince his wife that pulling wires through the framing was like sewing with an extremely heavy thread.

Arthur feels that his diverse cultural experiences and been a motivation for his reading interests which focus on understanding why people and the world are the way they are. He is challenged by Omnilore courses and learning about human evolution, psychology, international relations and social sciences. He noted that he joined Omnilore where he has the opportunity to interact with others for intelligent, challenging and open-ended conversations.

Behind the Kitchen Door - Update

by Susan Strauss



Pictured: Selma Wheaton, Susan Strauss, Diane Gloor

The word is out – “Behind the Kitchen Door” lifestyle activity is a huge success. The members of this group visit restaurants, interview the managers or owners and learn what it is like to own or manage a restaurant.

The membership of this group has grown by 33% - 12 additional members since its inception less than a year ago. All the members are enthusiastic as they are enjoying good food and making new friends. Each month, we get together to go to a new restaurant. Recently, we visited Brogino’s and Sausal.

Brogino’s is an Italian restaurant offering delicious food, wines, and a welcoming ambience for customers to enjoy and want to come back again and again. It is a relatively small and cozy restaurant. The manager, Omar Rivas, shared the history of the restaurant and was proud of its success. Omar wears many hats – bartender, waiter, and cashier. We ordered a variety of wonderful Italian dishes and wines.

We also enjoyed South of the Border – fresh Mexican food at Sausal in El Segundo.

The manager, Amy Micheoini, shared the trials and tribulations of owning a restaurant during the pandemic which caused 3 of the 4 restaurants that she oversaw to close. But her love of cooking and sharing good food with customers motivates her to continue to create delicious drinks and food.

By listening to the stories each of the managers told us, we have developed an appreciation of the challenges of running a restaurant. Members of “Behind the Kitchen Door” would love to share our experience with other Omniloreans. You are welcome to join us!

Please contact Susan Strauss at suzycrat@yahoo.com

Movies with Friends Begins Third Year

by Adrian Pruetz

For two years, the monthly ‘Movies with Friends’ Lifestyle S/DG has been drawing together 20 to 30 Omnilore members who enjoy watching thought provoking movies and discussing them with their fellow film fans. Discussion of the film and its themes and the sharing of additional facts, opinions, and relatable anecdotes enhance the filmgoing experience. To keep the classes fresh, the coordinator endeavors to choose films from a different genre each month. As a result, over the past few years, members have watched both dramas and comedies, domestic and foreign films, independent and Hollywood films, and some that defy a single classification. But what the films have in common is that they are recent, are award-winning or acclaimed by critics, and touch on issues or activities that lead to the enthusiastic exchange of reactions and stories that have been the hallmark of the class.

In the coming year, we expect to present films that live up to the standard of the past two years and hope to engage even more members to join us. Look for the announcement and



description of the monthly film in your email during the first week of every month, and if the film and the experience interest you, please sign up by emailing coordinator Adrian Pruetz at ampruetz@gmail.com.

Monthly signup for each film is essential because ‘Movies with Friends’ is an in-person only in Classroom L8 of BCHC.

VVP Village Features Omnilore Speakers

Our joint Local Scholars Lecture Series in conjunction with VVP Village has successfully completed the first year. In February, our first presentation featured Ralph Ford talking with great mastery about “Astrophotography Adventures in Time and Distance.” It was a stellar performance and a hard act to follow!

Yet, in April, Adrian Pruetz was able to captivate her audience with a presentation entitled, “Genes Personality and Beliefs.”

The third lecture in June featured Susan Strauss entertaining everyone with her presentation on “Barbie: A Cultural Icon.”

The fourth and final lecture of the 2024 season saw Leslie Criswell giving a fascinating lecture on “The James Webb Space Telescope: Our \$18 Billion Dollar Time Machine.”

This lecture series showcases encore presentations of recognized outstanding Omnilore talks. The lectures are held via Zoom in the evenings between 7-8 PM. Attendance has been a roughly equal mix of Omniloreans and VVP Villagers. Sincerest thanks and congratulations to all who participated in this endeavor! We all look forward to a continued partnership with VVP Village in the Local Scholars Series program I 2025!

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Field Trips Galore!

by Leslie Criswell

The Lifestyle Activities Field Trip group continues to enjoy the wonderful sites and entertainment in LA. Our recent activities have included viewing a play, “Memnon” at the Getty Malibu Greek Amphitheater. This production featured actors from the Classical Theatre of Harlem.



Pictured: Peter Shackle, Sunny Moss, Joan Kolic, Irene Berlin, Selma Weaton, Barbara Case, Susan Strauss

In November, we enjoyed an evening of laughter and good company at the Westchester production of “The Producers.”

To put us in the holiday spirit, in December we visited the Reagan Museum and Library to see the exhibits and enjoy a beautiful Christmas tree collection. Trees from the 47 countries that President Reagan visited during his time in office were on display.

Afterwards we dine together, enjoying a delicious meal and having lively conversation – making new friends along the way!

The Field Trip group has been active for almost 2 years. Members have enjoyed socializing and going to the theatres and events available in the Los Angeles area. We encourage you to attend our planning meetings on the third Tuesday of the month in L8 at Beach Cities to give your input as to the various places in LA to go. You can join us to brainstorm, research, and help plan our next activities. Suggestions are always welcome.

We have lots of exciting ideas and plans in the works, so come join us. Look at some of the fun pictures of Omniloreans enjoying the Lifestyle Field Trip Class.

Contact LCriswell3@gmail.com or 310-809-4365. Join us for Good Times!

The Omnilore STEM Challenges Us!

by Michael Feygin

The Omnilore STEM (Science, Technology, Engineering, and Meaning) Special Interest Group has been meeting very successfully now for over three years. Our group offers stimulating science-related discussion in a very casual and enjoyable social setting. We have been meeting every two months (except for a summer break). At each meeting, one member of the group agrees to select a topic and facilitate a discussion about the topic at the next meeting. Almost all our topics have revolved around an hour-long YouTube video that focuses on interviews or lectures on specific subjects by eminent scholars sharing their expertise and is easily understood. Recent discussions have included:

1. The nature of Gifted and Genius (facilitated by Barbara Case)
2. The Future of Manufacturing
3. Recent advances in humanoid robotics

STEM meetings take place at the home of Michel Feygin. The meetings begin by sharing a casual potluck dinner with wine and other beverages. Then we gather to discuss our topic. Discussions have always been fun, social, and lively. Our meetings are two hours long, starting at 5PM and ending around 7PM.

We are more than just a discussion group; we are also very much a social group of Omniloreans who love science. In the beginning, invitations to join the group were sent out to all Omniloreans who had signed up for Omnilore science S/DGs in the previous year. But we are open now to all Omniloreans who have an avid interest in science. Please consider joining the group. If you would like to join, please email STEM S/DG Coordinator Michael Feygin at mfeygin@gmail.com.

We look forward to new members joining our group and sharing their knowledge and ideas.

Whale Watching and Walking at Point Vicente – Friday March 14 at 10AM

This walk will feature and beautiful an easy trail that is accessible by wheelchair or walkers. We will accommodate slower walkers. We will see spectacular views of the Pacific Ocean and can see the annual migration of the Pacific gray whale with their baby calves at peak season (bring binoculars). There will be picnic tables for our brown bag lunch overlooking the gorgeous view of the South Bay, After the conclusion of the walk and picnic, you may wish to visit the Interpretive Center exhibits on the natural and cultural history of the Peninsula, with a special emphasis on the Pacific gray whale. There is a native plant garden adjacent to the Interpretive Center. The walk will be led by Dennis Bosch and Deborah Hawkins. Friendly dogs OK on this hike, but dogs must be on a leash. RSVP to Walking-Group@omnilore.org. Rain Cancels.

Meet in front of the Pointe Vincente Interpretive Center located at 31501 Palos Verdes Drive West, RPV. From PCH take Hawthorne Blvd south toward the ocean, turn left on PV Drive, and follow the signs for the Interpretive Center. Looking forward to seeing you there! Good times!!

All Welcome! Writer's Workshop Resumes February 10

by WRI Coordinator Deborah Hawkins

Ever experienced a writer's block or delayed even the most pleasant writing task until you get that pit in your stomach? If so, Omnimore's Writing Workshop may be your antidote!

For nearly three years now, several Omnimore members have met twice monthly, usually the second and fourth Mondays at 4PM at BCHD – with periodic breaks to accommodate travel and holidays. In this two-hour workshop, we practice different techniques or “quick writes” to various prompts suggested by members. Also, we offer constructive feedback at every session at those submitting writing samples.

Topics and themes vary. We've written poetry, character studies, dialogue and memories to share with our families and friends, all manner of creative whimsy and truly thoughtful stuff.

Reports Susan Strauss, “I have benefitted immensely, I can attest that my writing has improved significantly. I have fewer bouts of anxiety. Writing is essential for me, especially when requesting speakers for our Forums, penning countless thank you notes, or organizing far more time-consuming scripts and presentations. In my personal life, I've had to write eulogies, condolences, and wedding or Bar/Bat Mitzvah toasts. How much easier all this has become since I joined Omnimore's Writing Workshop.”

Below are reflections and creative musings submitted by some of our participants. We hope you will be inspired! So let loose your potential and join us. Omnimore's Writing Workshop is waiting for you!



Why Would I Want to Join a Writing Class?

by Avra Diamond

I have struggled with writing over the years to express myself more creatively and to decide would be interesting to write about.

If you share that problem, I encourage you to check out Omnimore's writing class. The members supportive and gentle in their critiques. This provides me with a safe space to express myself. I We are each given the same assignment, and then we write about it in the style that speaks to us.

I've never thought of myself as a particularly good writer and shied away from it. Because of this class, my ideas and words flow more easily. I look forward to each class. I am confident that you will be glad that you joined our class. You too will be able to free up ideas as you learn to express yourself.

My Writing Purpose

by Bill Gargaro

Last March, I finally got serious about my desire to learn to ‘write.’ Specifically to express in the written word the ways that I could make my thoughts and ideas appealing to others. Also, I wanted to write our family's history, accomplishments, and traditions as a legacy to my children and grandchildren.

Many of us ‘older adults have that same desire.

Our lifestyle Writing Group fits neatly into those goals. It is a group of curious and industrious Omnimoreans who want to develop their skills for self-expression.

The members of the writing Group are supportive and helpful, offering reviews that are useful, but never harsh, their opinions and suggestions for improvement. Please join us for a session and I am sure you will want to become a permanent member.

Coming Home

by Leslie Criswell

Coarse grains of sand – some lying warm on top of wind-sculpted ribbons where the sun's rays still linger, others resting smooth and cool in the troughs where Helios' energy can no longer reach. This day is drawing to a gentle close...

Those billions, trillions, countless bits of multicolored grains – once immense mountain crags, rocks, and prehistoric shells. Minuscule as they are now, each tiny one catches and captures light rays that have journeyed here from millions of miles away, generously reflecting heat into the bottoms of my feet, lighting up this welcoming patch of beach.

In absolutely no hurry at all – what luxury! Wandering slowly and gently over these warm ribbons and toward the shoreline, seeking that delicious reward (and shock!) of cool, swirling, foamy water. All at once refreshing, surprising and comforting, that rushing, rocking, and swaying. Beguiling wave – sounds increase in volume with every step, like the welcoming murmur of friends gathering to reconnect. No matter how long it's been, this familiarity, so reassuring and settling, brings me back, brings me home.

Omniole Book Club
by Joan Kolic

We look forward to starting the Omniole Best Seller’s Book Club again. If you are interested in joining us, please contact:

Joan Kolic: 424-378-2440 Koljn7831@gmail.com
Leslie Criswell: 310-809-4365 lcriswell3@gmail.com

Fiction Choice by Cindy Eggert

In the Blink of an Eye, by Jo Callahan

In the United Kingdom, someone is reported missing every 90 seconds. Just gone. Vanished. In the blink of an eye.

In her debut novel, IN THE BLINK OF AN EYE by Jo Callahan, is a police procedural that has the lead character – a seasoned police investigator, Kat returning to her job following the slow death of her husband to cancer where all her emotions especially impatience and quickness to anger are bubbling just under her skin. She reluctantly takes on a new pilot program for police improvement that uses AI analysis for data driven evidence to counterbalance her experience and understanding of people. If you have ever asked Alexa or ChatGPT for information on a random topic, then the speed of the AI (names LOCK) is easily believable when it is asked to find similarities among the victims’ social media.

This is a tense, fast paced story where the central evil seems very believable in this current environment of questionable science and medical ideas.

Winner of the Crime Writers’ Association’s John Creasy New Blood Dagger Award and nominated for Capital Crime’s Overall Crime Book of the year.

Non-Fiction Choice

The Anxious Generation – How the Great Rewiring of Childhood is Causing an Epidemic of Mental Illnesses, by Jonathan Haidt

Jonathan Haidt examines why after more than a decade of stability and improvement, the mental health of adolescents plunged since the early 2010s. Rates of depression, anxiety, self-harm and suicide have risen sharply.

In The Anxious Generation, social psychologist Jonathan Haidt lays out the facts about the epidemic of teen mental illness that has hit many countries at the same time. He then investigates the nature of childhood, including why children need play and independent exploration to mature into competent, thriving adults. Haidt shows how the “play-based childhood” began to decline in the 1980s, and how it was finally wiped out by the arrival of the “phone- based childhood” in the early 2010s. This has significantly interfered with children’s social and neurological development, covering everything from sleep deprivation to attention fragmentation, addiction, loneliness, social contagion, social comparison, and perfectionism. He explains why social media damages girls more than boys and why boys have been withdrawing from the real world into the virtual world, with disastrous consequences for themselves, their families, and their societies.

Most importantly, he issues a clear call to action. He describes steps that parents, teachers, schools, tech companies and government can take to end the epidemic of mental illness and restore a more humane childhood.

The Instant #1 New York Times Bestseller, A Wall Street Journal Top 10 Book of 2024.

Forum Reservation Form

WHEN: **Friday, February 28, 2025**
 WHERE: **Mary and Joseph Retreat Center**
 5300 Crest Road
 Rancho Palos Verdes, CA 90275

NO Reservations
accepted after February 21st!
So please mail early!

You may also purchase Forum tickets here:
<https://omnilore-ecart.squarespace.com/forum>

Please make _____ reservations for the **Omniole Annual Meeting and Forum Luncheon** at **\$45.00** each.

Name(s): _____
(Please Print)

_____ **Phone**

_____ **Email**

Vegetarian Plate: Regular Plate:

Enclosed is a check for: **\$45.00 each**

Please make checks out to **Omniole LIR, Inc.** and send to:
 Forum Chair, Susan Strauss
 2305 Huntington Ln
 Redondo Beach, CA 90278

Total number of meals: