



# OMNIILORE NEWS



Volume 24 Issue 5

www.omnilore.org

September 2015

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### BOARD OF DIRECTORS Elected Officers

President	Art Irizarry
VP - Academics	Kathleen Fitzgerald
VP - Administration	Linda Jensen
Treasurer	Gary Nofziger
Recording Secretary	Gloria Dumais
Past President	Howard Korman
Member-at-Large	Kate Nelson
Member-at-Large	Frank Reiner
Member-at-Large	Helen Leven

### Standing Committee Chairs

Membership	Florence Murphy
Forum	Lori Geittmann
Communications	Mary Golob
Curriculum	Rick Spillane
Head Coordinator	Marilyn Brashear

### Appointees

Registrar	Vickie Volchok
S/ADG Scheduling	Ruth & Hal Hart
Office Manager	TBD
Room Scheduling	Lynn Taber
Laptop Administrator	Rick Spillane
Equipment	Hal Hart
Supplies	Jill McKenzie
Webmasters	Hal Hart Dennis Goodno

## Japanese-American Internee to be Speaker at Omnilore's Annual Halloween Forum

by Lori Geittmann

A famous philosopher said those who forget history are bound to repeat it. Many Omniloreans have tales to tell about our history and we need to remember. None is more important than the experiences of H.E. Kamiya, a longtime member of our organization. His real name is Ehiichi but he adopted the letters H.E. which sound like his name.



H.E. and Donna Kamiya

H.E., a member of Omnilore since 1999, will speak at Omnilore's Annual Halloween Forum. Those who have heard H.E. speak about his experiences say his remembrances are not to be missed.

As a child he was sent to a relocation center during World War II. The son of a principal of a Japanese language and culture school in the Long Beach area, H.E. was nine years old when the war started. "My parents had many heartaches when uprooted from their Long Beach home in 1942, after Pearl Harbor," he said. "But they never gave my three sisters and me any sense of bitterness, telling us only of some related incidents."

H.E. has spoken about the Japanese-American internment at many schools in Southern California. He will describe for us the challenges to the internees of returning from relocation camps and the difficulties of re-establishing their lives, as well as the lasting impact on Japanese-American families and their communities. H.E is happy to answer questions.

This unusual topic will highlight Omnilore's Annual Halloween Forum, which will be held Thursday, October 29<sup>th</sup>, at the Los Verdes Country Club way up in Palos Verdes off Hawthorne Blvd. We will have a brief business meeting and election of officers and board members, a particularly tasty lunch—Caprese salad, grilled chicken breast, potatoes au gratin, green beans, and carrot cake for dessert (vegetarian meal upon early request) still only \$22.00—and a Costume Contest (optional), complete with prizes and lots of admiration! Registration forms are on page 9 of this newsletter, and in a flyer which will arrive at your home by regular mail.

Reservations must be received by Monday, October 19<sup>th</sup>.

OMNIILORE NEWS is a publication of OMNIILORE, a Learning-in-Retirement Organization, a program of the Osher Lifelong Learning Institute at the California State University Dominguez Hills.

OMNIILORE NEWS is published six times annually. We welcome short feature articles and news stories. Please contact the editor with your contributions.

Editor	Mary Golob
Staff Member	Carol Kerster

## MESSAGE FROM THE PRESIDENT

by Art Irizarry

Special thanks to the Forum Anniversary Committee for the enjoyable, unique July Forum. Chairperson **Lori Geittmann, Diana Cutler, John Taber, Carol Kerster, Helen Leven, Lindie Banks, Anne Faass, Blanche Herring** and **Nancy Shannon** spent scores of hours on various facets of planning and implementation. Discussion of programming, reviewing membership lists from the first decade, emails and phone calls, development of the PowerPoint presentations, arrangements for tables and reservations for special guests all consumed time and required consistent effort by members to give us a memorable event. **Johan Smith, Howard Korman, Hal Hart** and **Vickie Volchok** provided support as preparations unfolded, while the two-hour performance by The Artists Quartet provided a highlight to the event. Our thanks to them as well. We look forward to enjoying additional Omnilore anniversaries.

As the anniversary event reminded us of continuing achievement and activity, current volunteers continue work on improvements to Omnilore's organizational base and activities. **Kathleen Fitzgerald**, our Vice-President of Academics, hosted a special committee meeting at her home to augment study and discussion group coordinators' training. Kathleen and committee members **Marilyn Brashear** (Head Coordinator), **Florence Murphy** (Membership Chair), **Vickie Volchok** (Registrar), **Janet Brown** and **Mary Watson** reviewed training and then developed improvements to facets of training. The major outcome was development of a pamphlet, compiled by **Marilyn Brashear** from lists of resources identified by committee members, which has been made available

to coordinators to help strengthen content of presentations and provide supplementary activities, particularly for smaller groups. A copy of the volume was distributed at the special training session for coordinators and will be posted online for members' use.

While Kathleen's committee worked on the academic side of Omnilore, **Linda Jensen** and I worked with input provided by Board members, managers and operations volunteers to update the Bylaws, operating rules and procedures. **Rick Spillane** and **Hal Hart** have provided technical support with completion of the project. During our annual meeting at the October Forum you will have an opportunity to vote on the updated Bylaws, while the Board will complete updates on operating rules and procedures following the Bylaws vote.

### A significant update is the proposal to have a Technology Committee as a standing committee . . .

which will include as subcommittees the Website Working Group and Computer Working Group. Those two groups work on specific areas but there is a level of convergence in their activities. We have been very fortunate to have in our ranks a number of volunteers with significant experience in different facets of technology. **Bill Gargaro, Hal Hart, Rick Spillane, Jim Slattery, Dennis Goodno, Carol Johnson, Sharon Bohner, Howard Korman, Dennis Bosch, Ruth Hart, Mary Golob** and others, such as our S/DGs "techies", contribute aggregate volunteer service amounting to scores of hours each trimester, updating and maintaining our website, providing Omnilore members with training on use of technology available, providing equipment upkeep

and support for our study/discussion groups.

A proposed Technology standing committee will facilitate better planning and improved use



of technology to support all facets of our organization and activities. You will receive a copy of the updated Bylaws with your Annual Meeting materials and a copy will be posted on our website along with election information. Please give them your attention and keep in mind they have been reviewed by about 20 members, including the four most recent presidents.

Our two Coordinators Training sessions were well attended and we are ready to begin the Fall trimester. As we thank our coordinators for their contribution to Omnilore, we also keep in mind that each member in a study and discussion group carries a share of responsibility for its success. Our active learning model is relatively unique and our level of commitment is notable, as **Dean Kim McNutt** of the CSUDH College of Extended and International Education pointed out during our Anniversary Forum. Having been at several other institutions and experienced with community organizations interface, Dean McNutt said that he was impressed with the level of cooperation, organization and commitment we have within Omnilore. Those characteristics suffuse our organization because each of us joins with the understanding membership in Omnilore carries a level of individual responsibility which benefits the whole. Thank you for your support for coordinators and your group members by following good practices with presentations and also helping in the rooms. One caveat to group participation is that only the coordinator or the group "techies" are to store equipment. That will ensure

*Continued on page 3*

**The  
Next  
Conf.  
Room  
B**

**INTRODUCING OMNIOLORE MEETINGS:**  
**Monday, October 26th - 1:30 p.m.**  
**Thursday, November 19th - 10 a.m.**  
**Help Spread the Word! RSVP 310-514-1415**



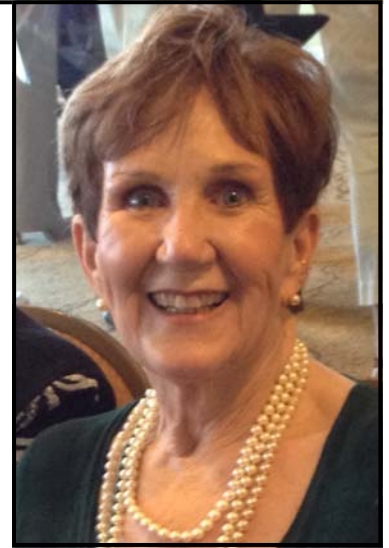
## Omnilore Profile—Vickie Volchok

by Kate Nelson

The first thing Vickie Volchok and I did when we sat down to talk was swap bear stories. Mine occurred this summer when my husband and I encountered a large Black bear about 20 yards in front of us on a lake hike in the Tetons (the size of the bear grows and the distance shortens every time I tell the tale). No matter how I spun my story, Vickie could top it with one of hers. She and her late husband Bill, an avid photographer, made many trips to Yellowstone and the Tetons over the years and her bear sightings were legion. There were the two Black bears in a tree, their weight bending a branch nearly to the ground. Scores of photographers, including Vickie’s husband Bill, stood at a safe distance, looking for the perfect shot. Suddenly, a woman broke out of the crowd, ran under the bent tree branch with her disposable camera and aimed up at the bears, who were not amused. Then there was the time in Yosemite when Vickie’s young grandson forgot the rule and carried beef jerky in his pocket when they ran into a hungry bear. He had to dive under a car to escape him. Or the one about the clueless tourist who ran up a mountainside to pursue a mother Grizzly and her cubs, just emerging from hibernation. Vickie, who loves wild animals, has had her own narrow escapes, including the time she was nearly stomped to death by a trio of enraged female elk. It seems she had strayed a little too close to the bull. Once Vickie and Bill rented a tiny car and were exploring Yellowstone along a mountain pass road—cliffs on one side, a ravine on the other. A herd of buffalo ran towards them and Vickie was sure that they would stampede over the little car, but the herd parted like the red sea around them. This is a woman who is not afraid of a little adventure.

Her husband always said that he worked “to support my hobbies,” and retired early from his job as a manager at Hughes Aircraft. Vickie ended up in real estate after stints as a teacher and a counselor, mostly to free up more time for travel. They agreed early in their relationship that if they were presented with an opportunity, they would always say ‘yes’ to it. She’s never regretted it. A recent trip to Japan with a friend is a case in point. Vickie had never thought about Japan, but the trip was on the friend’s bucket list, so Vickie accompanied her and had a wonderful time. This *carpe diem* attitude may be a result of her deeply held Buddhist beliefs. “People talk about

happiness, but I’m after peace and contentment,” she said, “and that’s what Buddhism gives me.” She tries to live in the moment and sets the goal of performing three random acts of kindness every day. Besides her position as Registrar for Omnilore, Vickie volunteers 20 hours a week for different organizations. Currently, she’s doing literacy tutoring and making quilts for children of servicemen whose mothers are expecting new babies (they’re called “sibling quilts”). She also volunteers at local theaters and helps with costumes.



After Vickie experienced a serious health issue, her children moved in with her to help in her recovery (her son’s a paramedic; her daughter-in-law is a nurse). While she’s grateful for the help (“I don’t know how I would have coped without them”), she cherishes time by herself. Occasionally, she visits the Green Hills Cemetery to watch the wild baby birds. “Nobody looks for you in a cemetery,” she said with a laugh.

Growing up, Vickie spent half the year on a ranch in Colorado and half the year in the South Bay. Her father was a rodeo cowboy who rode broncs bareback, and the family would often follow the circuit with him. In Colorado, her grandmother taught Shakespeare and her father taught the poetry of Edgar Allan Poe. When I asked Vickie if she knew the poem “Anabel Lee,” she rattled off the first stanza without taking a breath.

Vickie is still looking for adventure. The next one is a six week tour this fall that includes Scotland, Ireland and the Mediterranean. Her daughter is concerned about her health and safety and doesn’t think her mother should go alone on such a long journey.

I think she can stop worrying.



### Message from the President—Continued from page 2.

that equipment is stored correctly, which prevents damage to it. Caveat aside, whatever you can contribute to support your group and Omnilore is much appreciated.

Finally, think of inviting friends who would enjoy an experience such as we have. While we are comfortable with the size of Omnilore, we also have to keep in mind that, as we move beyond our 25th anniversary, we need new members to maintain the level of groups and viability of activities we enjoy. And we like to have new thinking to sustain the strength built over the last quarter century. New thinking can take the form of proposals sent to the Curriculum Committee, which welcomes input from all members.

Contact our Curriculum Committee chair, **Rick Spillane**, through our website for more information on S/DG proposals.

We enjoyed a happy birthday and now look forward to an engaging future. Thanks to all for continuing the Omnilore tradition of learning based on commitment, collaboration and volunteer service. I have had the pleasure of working with the committees above and many other members in Omnilore and can attest to the excellence of effort by all.



## DEAN'S CORNER



Notes from CSUDH  
by J. Kim McNutt

Dean, Osher Lifelong Learning Institute  
College of Extended & International Education  
CSUDH

First, a big Thank You to Art Irrizary for inviting me to the Omnilore 25<sup>th</sup> anniversary celebration at Rancho Palos Verdes July 30<sup>th</sup>. It was a wonderful event and it was great to see the strong turnout. Thanks to all of you who made a point to say hello.

The Fall season is my favorite time of year. The University semester is well underway, CSUDH students are attending classes, juggling homework, social calendars and jobs. It's also been a busy, busy summer and autumn at the College of Extended & International Education. As you may recall, CEIE experienced numerous staff retirements and departures the past year, consuming much of my time managing the day-to-day operations of the college. I believe "Chaos creates Opportunity" and I'm happy to say we've made lemonade from lemons. We hired a new Associate Dean for International Programs, Dr. Gary Rhodes, formerly with UCLA; new Associate Dean for Extended Education, Dr. Lynda Wilson, also from UCLA, hired a new Director of Registration, Danielle Reeves and promoted some current staff to other positions within the college. We are working to fill other vacancies including the part-time Omnilore/OLLI coordinator since Cal Caswell went back into the classroom. He did a great job in the interim, but expect a more permanent replacement. On the Good News Front: I was able to negotiate a reduced parking fee for members. Purchase an annual pass for \$20 to park at CSUDH to attend our community education and OLLI courses. This is a tremendous savings over the \$6 daily rate. This reduction benefits our low or fixed income members. My thanks to Bob Fenning, the CSUDH Vice President for Administration and Finance for understanding the importance of affordable lifelong learning access for members. Finally, enjoy the beautiful fall weather, pro and college football and get ready for the holiday season!

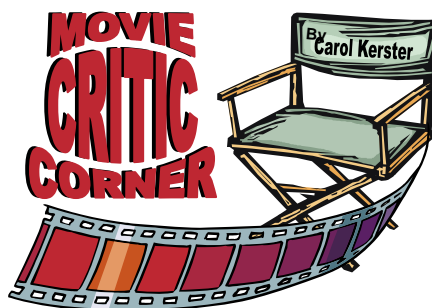
Until Next Time!

## Annual Downtown Hike

The Omnilore hiking and walking group ventured beyond the South Bay for the June 18th outing. The group rode the Metro and then walked through parts of downtown Los Angeles starting at the 7th Street Metro Center and including the LA main library, the Music Center, and the LA City Hall. This trip followed the tradition of the walks led by John Taber, the founder and longtime leader of this group. This year's walk used a route that John developed for an earlier walk.

Fifteen Omnilore members and guests observed and learned about some of the public art displayed in the downtown area, had lunch at an extensive farmers market, took many photos and got a close up view of well-known downtown landmarks. The walk was about four miles long and involved a number of stairs. The day finished with a trip up several elevators to the top of the L A city hall where the walkers enjoyed vistas in all directions. Steve Miller was the walk leader.

*Omnilore's  
hiking and  
walking group  
pose in front of  
the main library  
in downtown  
Los Angeles.*



*I'll See You In My Dreams* is a positive, grown up portrayal by mature actors Blythe Danner and Sam Elliott and supporting cast dealing with life's changes. It explores making changes after loss, and creating new friendships (including with the younger generation) and experiencing love. A fine film taking on serious topics and avoiding stereotypes and usual clichés.

*Farewell Party*, an Israeli film using dark comedy to explore euthanasia. A unique and funny movie featuring a

group of friends (seasoned Israeli comedic actors) in a Jerusalem retirement home who attempt to help their terminally ill friend have a peaceful end to life.

*Deli Man*: An interesting documentary providing stories of the deli business. In 1931, there were 1,550 deli restaurants in the New York five boroughs alone. Today there are 150 in all of North America. This film features David "Ziggy" Gruber, a colorful character, of **Kenny and Ziggy's** N.Y. Delicatessen in Houston. It is an upbeat look at the history and current remaining deli business, including a brief look at L.A.'s **Canter's Restaurant** and **Nate 'n Al** which are still in business run by third generation owners.

See you at the movies!

*A special thanks to Nancy Shannon for contributing her experiences at the movies.*

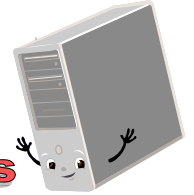


## Computer Talks

**September 24th - Noon to 1:00 - Conference Room B**

*Presented by Hal Hart*

### **Introduction to Excel and Spreadsheets**



Spreadsheets developed as computerized replacements of paper accounting worksheets and have replaced paper-based systems throughout the business world. Spreadsheets are interactive computer application programs for storage and organization of data in tabular form, and for performing calculations and analyses on that data. Modern spreadsheet software can display data and calculations either as text and numerals, or in a variety of graphical forms.

Besides performing basic arithmetic and mathematical functions, modern spreadsheets provide built-in functions for common financial and statistical operations. Such calculations as net present value or standard deviation can be applied to tabular data with a pre-programmed function in a formula. Spreadsheet programs also provide conditional expressions, functions to convert between text and numbers, and functions that operate on strings of text.

LANPAR in the 1970s was the first electronic spreadsheet on mainframe and time sharing computers. VisiCalc was the first electronic spreadsheet on a microcomputer, and it helped turn the Apple II computer into a popular and widely used system in the late 70s and early 80s. Lotus 1-2-3 was the leading spreadsheet when DOS was the dominant operating system in the 1980's. Microsoft Office's Excel now has the largest market share on the Windows and Macintosh platforms. Other commonly used alternative spreadsheets today include CALC in OpenOffice and LibreOffice, and in office suites now existing in web app form.

This Computer Talk will overview the functionality of spreadsheets and demonstrate some common usages of Excel, including a couple used by Omnilore for organizing and analyzing some of our vital data.

**October 22nd - Noon to 1:00 - Conference Room B**

*Presented by Rick Spillane*

### **The World of Windows 10**

Microsoft has a free update to Windows 10 for all PCs running Windows 7, 8, and 8.1. This month's talk by Rick Spillane will look at the advantages and disadvantages of moving to Microsoft's universal operating system. Windows 10 is an entirely new version of the older Windows operating systems – a version that is make-or-break for Microsoft.

It was released on July 29th in seven versions to run on numerous different devices. Even though Windows 8.1 did improve things, there's no escaping that with Windows 8, Microsoft flopped. Come and see if Windows 10 has succeeded and if you should upgrade to it. We will look at the advantages and the problems from the point of view of the average unsophisticated user.

#### **Presentations 101**

*by Kathleen Fitzgerald, Vice President, Academics*

**New to Omnilore and looking for help getting started?**

**Hoping to make your presentation interesting and involving?**

**Experienced in making presentations  
but looking for new inspiration?**

**A workshop is being offered on**

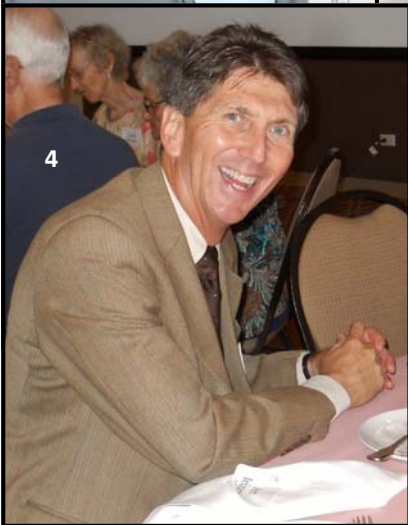
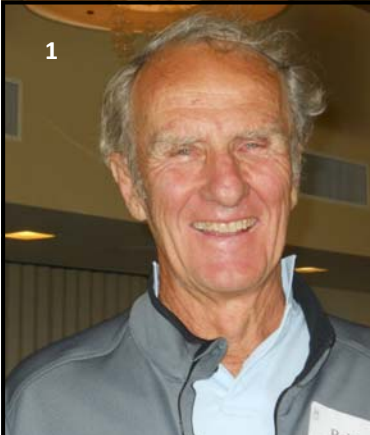
**Tuesday, September 15<sup>th</sup>  
12:15 to 1:30 pm**

**Conference Room B**





### Omnilore Celebrates Its 25th Anniversary at the July Forum



1. Bob Bacinski; 2. Dale & Howard Korman; 3. Lori Geittmann, Forum Chair & Ralph Brown, moderator; 4. Dean J. Kim McNutt, CSUDH/EE;



5. Florence Murphy & Kathleen Fitzgerald; 6. Vickie Volchok & Mary Louise Mavian; 7. Dennis Bosch, Howard Korman & Hal Hart; 8. Midge Solomon; 9. Ruth Shakin & Hank Frankenberg; 10. Judith Sommerstein; 11. Bill & Andrea Gargaro.









1. Gloria Dumais & Bob Bragonier; 2. Stu Watson & JoAnna Kerrigan; 3. Charles Golden; 4. Frank Reiner & Jim Slattery; 5. Fran Wielin & Muriel Blatt; 6. Cecilia Graham; 7. Marilyn Brashear; 8. Art Irizarry, President, & Cal Caswell, OLLI at CSUDH; 9. Lynn Taber & Blanche Herring; 10. Lindie Banks, Ellen Bradford & Merle Culbert; 11. Tom Vincent, Chuck Herring & Dan Stern.


## Array of Plays in the South Bay


by Vickie Volchok

As I read about the 99 seat theatre waver, yes that is the correct spelling for live theatre, I am reminded about the fine and affordable plays we can see in the South Bay. For those of us that love live theatre & don't want to drive far there are a lot of very good nearby choices.

 Westchester has the Kentwood Players that perform about 8 plays a year. The current price is \$20 for non-musical productions & \$25 for musicals with a \$2 discount for seniors.

 Hermosa Beach has Surf City Theatre. It is still \$25 this next season. Yeah! Very small.

 Torrance has the Torrance Theatre Company. They have 5 plays per year in old downtown Torrance for \$25 each or \$100 for a season. It has about 44 seats in an 80+ year old building. They also put on a very professional musical play every summer at the James Armstrong. Opening day has been \$25.

 San Pedro has two under 99 seat theatres. The San Pedro Theatre on 6<sup>th</sup> & Pacific puts on a variety of delightful shows, one at a time, & for various lengths of time. \$25 is the norm here but sometimes I find discount tickets on Groupon. I think there are under 70 seats here.



Little Fish Theatre in the alley off Centre between 7<sup>th</sup> & 8<sup>th</sup> Streets. Little Fish puts on about 12 or 13 dramas a year for about \$25. Little Fish is the first local theatre to have a "reoccurring donation" program to pay the actors a nominal amount. It has around 62 seats depending on the stage set up.

Manhattan Beach has several churches that put on great productions plus there is Mira Costa High School. Mira Costa is not considered a small theatre but is worth attending. MCHS has been winning most of the top awards in their categories for the last three or more years. I overheard a professional director say "these just can't all be high schoolers, they must have some ringers." They really are that good.

Torrance has the James Armstrong that has a wide variety of entertainment from a wide range of prices.

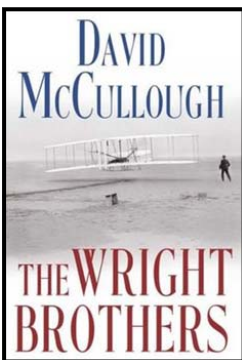
The Palos Verdes Peninsula has the Norris plus several high schools that put on very good productions. The Rolling Hills Prep & Renaissance School is in San Pedro. This school is getting a fine reputation for musical theatre. Their production of the musical Zorro was invited to perform in London this summer.

I hope you will come out & support our local talent so we can keep the locals local.

## Best Sellers SIG for October & November

by Patricia Edie & Cindy Eggert

For the Fall Trimester we will be returning to the SECOND MONDAY of the month for the months of October, November and December. The schedule below reflects the correct dates for these months. All meetings start at 12 noon and meet in Conference Room B.

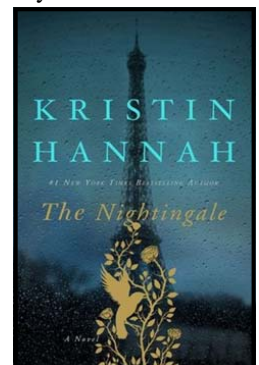


### Monday, October 12: Non-Fiction – *The Wright Brothers* by David McCullough

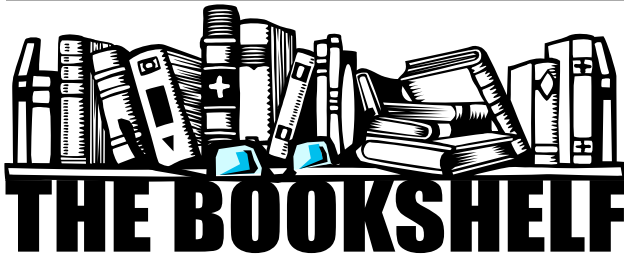
This month we focus on the profoundly American story of Wilbur and Orville Wright. "The Wright Brothers" delivers a tidy and relatively short history of the lives of Orville (1871-1948) and Wilbur (1867-1912), brothers who "lived in the same house, worked together six days a week, ate their meals together, kept their money in a joint bank account, [and] even 'thought together,'" as Wilbur once claimed. McCullough's magical account of their early adventures — enhanced by volumes of family correspondence, written records, and his own deep understanding of the country and the era — shows as never before how two Ohio boys from a remarkable family taught the world to fly.

### Monday, November 9: Fiction *The Nightingale* by Kristin Hannah

The words "In love we find out who we want to be; In war we find out who we are" begin this month's selection. This is the often-unspoken story of women's war - mothers, daughters, sisters, wives. This is the story of their strength, endurance, sacrifice, and courage during the darkest part of their lives. So many of them didn't just wait for their men to return but took many grave risks to save as many other lives as they could. Set against the backdrop of World War II and the French Resistance, it tells the story of two sisters separated by years and experience, by ideals, passion and circumstance, each embarking on her own dangerous path toward survival, love, and freedom in German-occupied, war-torn France--a novel that celebrates the resilience of the human spirit and the durability of women.







Having been a devoted **Jane Smiley** fan since the days of *A Thousand Acres*, I am in a grateful mood this year. Late fall of 2014 brought us *Some Luck* and this spring *Early Warning* was published. These are two novels of a projected trilogy covering the last hundred years in America.

*Some Luck* is written about the generation of the author's grandparents. It is made up of 34 brief chapters, each marked at the start with a year from 1920 to 1953. The points of view change among Walter Langdon (a "patriarch in the making," an Iowa farmer and a Methodist) and his wife Rosanna Vogel (a Roman Catholic turned born-again believer), and their five children and subsequent spouses and grandchildren. I was beguiled by an early chapter describing the point of view of five month old Frank Langdon!

Smiley is at the height of her powers. Over the course of the sixty- six years covered by these two novels, she creates a kind of timeline of members of a family tree, a time that takes most of them away from the family farm moved primarily by their aspirations. We are reminded of our

own family histories, of droughts, the Great Depression, political movements and governmental secrets, the changing roles of women, world wars and victories.

Jane Smiley has at her command the barely remembered turns of phrase and common concerns of each of her particular and compelling characters, as they move from mid-country farms to urban areas. Each makes decisions that shape character and have consequences, and each life is influenced by fortune, "some luck." These novels are great companions, to be savored a bit at a time over as long as we can make them last before the third and final book of the trilogy is published.

**Reinventing Fire**, by **Amory Lovins**: "I can't wait 'til tomorrow, 'cause things are getting better every day!" That's the kind of feeling this book delivers.

The book is by Amory Lovins, head of Rocky Mountain Institute (RMI) in Colorado. Lovins, named by *Time Magazine* one of the World's 100 most influential people in 2009, is an American physicist, environmental scientist, writer, and consultant in both public and private sectors. RMI is a think-and-do tank that has spun off five for-profit companies devoted to getting us out of our dependence on oil, and this book is a thorough-going plan of attack on that problem.

A negawatt is a unit in watts of energy saved. It is basically the opposite of a watt. Amory Lovins has advocated a "negawatt revolution", arguing that utility customers want hot showers and cold beer, which can come more cheaply if electricity is used more efficiently. As an example, RMI developed the concept of the Hypercar, a strong, lightweight carbon-fiber hybrid vehicle with one-third the energy cost of current automobiles.

The thesis of RMI is that we already have the technology and the public policies needed to get us well on the road to sustainable power by 2050 (coincidentally around the time Ray Kurzweil predicts the "Singularity"). And he peppers the book's sections (transportation, buildings, manufacturing, and energy infrastructure) with examples currently being profitably used by companies and governments.

Read it not only for an emotional boost after the downer of the daily news, but for ideas you might personally use, or vote for.

*Book suggestions from Omniloreans make this column work. Thanks to Margery Norris and Rich Mansfield for contributing to this month's list. Please send your titles, with author's name and a brief description to Johan ([johansmith@ca.rr.com](mailto:johansmith@ca.rr.com)). Please put "Omniole Books" as the subject of your email. We look forward to hearing from you.*

**OMNIOLORE Annual Forum Luncheon Reservation Form**

WHEN: **Thursday, October 29th, 2015—11 a.m.**

WHERE: **Los Verdes Country Club**  
7000 W. Los Verdes Drive  
Rancho Palos Verdes

**NO Reservations**  
**accepted after October 19th!**

Please make \_\_\_\_\_ reservations for the **Omniole Annual Forum Luncheon** at **\$22.00** each:

Name(s): \_\_\_\_\_  
(Please Print)

\_\_\_\_\_ (Please Print)

Phone \_\_\_\_\_

E-Mail \_\_\_\_\_

Enclosed is a check for:  \$22.00 each

Vegetarian plate:  # \_\_\_\_\_ Regular plate:  # \_\_\_\_\_

**Total number of meals:**

Please make checks out to **CSUDH**, and put in the Forum Committee's box in Conf. Room B or send to:

Forum Committee, c/o Lori Geittmann  
420 Avenue E  
Redondo Beach, CA 90277-5122

## OMNIOLORE CALENDAR 2015

- September 1 Equipment Training—12 noon-2 p.m., Conf. Rm. B  
 7 Labor Day (Edison Center Closed)  
 10 Board of Directors Meeting—12 Noon-2 p.m., Conf. Rm. B  
 13 Rosh Hashanah  
 14 Edison Center closed for school holiday  
 15 Presentations 101—12:15-1:30 p.m., Conf. Rm. B  
 22 Yom Kippur  
 23 Autumnal Equinox  
 23 Edison Center closed for local holiday  
 24 Computer Talk—12 Noon-1 p.m., Conf. Rm. B  
*Introduction to Excel and Spreadsheets—Hal Hart*  
 (see article, page 5)
- October 8 Board of Directors Meeting—12 Noon-2 p.m., Conf. Rm. B  
 12 Columbus Day  
 12 Best Sellers Book Group—12 Noon-1 p.m., Conf. Rm. B  
 15 Input Deadline for November-December 2015 Newsletter  
 16 Walking Group—10 a.m.-12 Noon  
 22 Computer Talk—12 Noon-1 p.m., Conf. Rm. B  
*The World of Windows 10—Rick Spillane*  
 (see article page 5)  
 26 Introducing Omnilore Meeting—1:30 p.m., Conf. Rm. B  
 29 Halloween / Annual Forum General Meeting/Luncheon  
 Doors Open 11 a.m., Los Verdes Country Club  
 (see article, page 1; reservation form, 9)
- November 1 Daylight Savings Time ends—fall back  
 19 Introducing Omnilore Meeting—10 a.m., Conf. Rm. B

### 2015 Forums

Winter—January 29th

Spring—April 29th

Summer—July 30th

Annual Mtg.—October 29th

### IMPORTANT:

Calendar changes and additions  
 are scheduled with Lynn Taber  
 (310) 831-4768—[johnlynnntaber@gmail.com](mailto:johnlynnntaber@gmail.com)

## In Memoriam

### Bert Goldstein



Bert passed away on July 1st at his home at the age of 82 with his family at his side. An active Omnilorean until a couple of years ago, Bert joined Omnilore in September 1999, taking classes relating to politics, history and social sciences.

He had a long and distinguished career at UCLA Harbor Medical Center, his own practice, and with the O.C. Health Care Agency, always remaining an advocate for children.

He was the President of the South Bay Psychiatric Society and a life member of the American Psychiatric Association with 50 years of service, for which he recently received the Lifetime Achievement Award.