OMNILORE NEWS

OMNILORE NEWS

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Bob Grove	Registrar
Bob Saunders	Archivist

Omnilore News is published six times annually. We welcome short feature articles and news stories. Please contact the editor with your contributions.

Editor	Ronnie Saunders
Staff Members	Diana Cutler
	Carol Kerster

Breeze Columnist To Speak at Annual Meeting
By Carol Kerster

From Ft. Lauderdale, where he began as a sports writer at the age of 16, to Los Angeles, where he was named Best Newspaper Journalist in California in 1999, **John Bogert** has covered a huge "beat." *Omnilorians* will have the pleasure of his company and hear stories of his extensive career at our annual meeting on Wednesday, October 29th at the Marriott Hotel in Torrance.

John Bogert
The Daily Breeze

From *The Daily Breeze*, where he has worked for 20 years, his wit, humor and insights into human nature have made him not only a favorite of local readers, but the recipient of many prestigious awards for excellence in feature writing, for spot news coverage, and for column writing. Bogert's work has also appeared in the *Chicago Sun Times*, the *Los Angeles Times*, and over the Coply News Service Wire. Whether he'll be enlightening us about world events or focusing on local issues (no dearth of news here!), we're sure to be delighted and informed by this very talented and creative writer.

Lest we forget our tradition, keep in mind that this is *Omnilore's* Annual Meeting, and members will elect new officers for the coming year. The Halloween theme encourages you to wear costumes, but they are optional. You may make reservations with the form on page 3, or wait for a detailed flyer which will be in the mail soon. You won't want to miss this amazing Three Star event: Halloween fun (with a gourmet luncheon), new *Omnilore* officers, and above all, *Daily Breeze*

Computer & Technology Special Interest Group (C&T SIG)
Meeting Time Change *By Patricia Edie*

Beginning in September, the C&T SIG will return to their old meeting time of 2nd & 4th Friday afternoons from 1:30 to 3:30 p.m. in Room 8. We want to extend a warm invitation to any *Omnilorian* to join us. For all levels of computer users, the group's purpose is to meet regularly to enhance computer skills and to learn about new technology and applications. The group is different from the regular S/D groups in that while we do teach each other and we do research and make presentations, it is not necessary to sign up to participate in the sessions and it is not required that you give a presentation. Some people prefer to be on the distribution list and receive the meeting agenda for upcoming meetings and then choose to attend those that are covering topics of special interest. If you would like to be on the distribution list or if you have other questions about our group, please contact **Jay** and **Patricia Edie,** 822-8549, jpedie@comcast.net, or **Carol Johnson,** 372-8535, cnordj@sprynet.com.

Omnilorians Travel and Study

For the first time in *Omnilore* history *Omnilore* combined a study session with travel this summer. Under the leadership of **John Taber**, members of the Lewis & Clark S/DG spent the spring semester studying the L&C expedition and followed it up during the summer trimester with a trip retracing these explorers' steps. On the heels of his success, John will be leading an S/D travel session on historical California this fall.

DON'T MISS — IN THIS ISSUE

MESSAGE FROM THE PRESIDENT
By George Clark
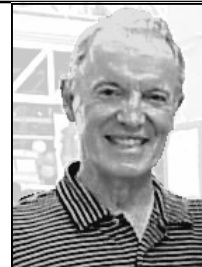
We are all making an effort to maintain, and even raise, the high academic standard we have set for ourselves: we want *Omnilore* to be a college-level learning experience. The *Omnilore* Rules have even been changed to reflect this standard. When people hear about *Omnilore* and think they want to join, we now make sure they know what we expect of them. We ask of them the same spirit of volunteer-ism and the high level of research and presentations we require of ourselves.

Omnilore is about presentations, reports on research into topics of interest to the members. What topics are the members interested in? That is where the topic suggestion activity comes into play. If there is some subject you would like to learn about (and if there isn't, what are you doing in *Omnilore*?), please pick up a Topic Suggestion Form in Room 7. You will find them in the Curriculum Committee box or thumb-tacked to the bulletin board. If you have read a really good book or article that might make a good discussion topic, fill out a form, no matter what time of year it is. Some people make a dozen topic suggestions a year. We all have ideas for topics; let's all submit them.

Information Bytes from the Computer & Technology Special Interest Group

Anti Virus Protection

The good news . . . *Omnilorians*, like the rest of society, are making greater use of the Internet for research and communication between computers. The bad news . . . As a result, they are at greater risk of infection by a computer virus. A computer virus is a set of computer instructions or code that is written by some evil-minded person and attached to some part of the computer's operating system. The code tells the computer to perform some task, usually a destructive one that can range from mild annoyance to actually crashing your system. Computer viruses are passed from computer to computer. It can be attached to any file that is copied to your computer through a download from the Internet or from programs or files on floppy disks received from friends. Many viruses are spread through e-mail, usu-ally by an attachment. However, today's viruses are becoming so sophisticated that an e-mail can even carry the virus in the text of the message and simply open-ing the message can launch the virus.

The best way to deal with potential viruses is to stop them before they even get into your computer by purchasing a good virus protection program. This program will check all files for viruses. Once installed on your computer it will work quietly and diligently in the background, checking all files and e-mails you receive and alerting you if a virus is detected, quarantining or eliminating it before it contami-nates your computer.

Step 1 - Purchase an Anti-Virus Program

There are many programs you can use, but two of the most commonly used are Norton AntiVirus by Symantec and McAfee Virus Scan. They can be purchased at many stores and often come with rebates. Make sure that the one you purchase is compatible with your operating system. The package will say if it is for a PC with Windows 98, Me or XP or if it is for a Macintosh. Installing the wrong version can cause problems with your computer.

Step 2 - Install the Software

The installation is easy and uses an install wizard that takes you screen by screen. For the first-time user it is recommended to just install the software using all the default settings. You want it to automatically scan all files, to be running continu-ously in the background, to scan all incoming and outgoing e-mail, to alert you to any detection of viruses and to automatically quarantine the virus.

Omnilore is looking for volunteer work-ers to join the **Forum Committee**. Job qualifications range from volunteers with enthusiasm and new ideas to those who are artistically clever with decorating skills for table centerpieces. Hours are short and you'll be working with a lovely group of people. Call **Diana Cutler**, 541-8973, or put your "resume" in the Forum Committee box in Room 7.

Step 3 - Update the Program Regularly

Unfortunately, most people stop after these two steps, thinking they are now adequately protected. However, new vi-ruses are written every day and the only way that your program remains armed to detect any new virus is by downloading the new virus detection codes regularly. Most newer versions of the software have an automatic update feature built in. Just connect to the Internet, start your anti-virus program and click on the update button. Most programs give you a one-year subscription to anti-virus updates with the price of your purchase. After that, you need to purchase a year's sub-scription for a nominal fee, certainly worth the protection it affords.

It is really fairly simple to buy, install and run an anti-virus program. It is something responsible computer users do for their personal protection as well as the protec-tion of their family and friends. If you are new to using a computer or a bit reluctant to set up your anti-virus preferences, con-sider stopping in to one of the Computer & Technology Special Interest Group meetings (1st and 3rd Friday afternoons, 1:30-3:30, Room 7) where the first half-hour is devoted to asking questions and getting assistance from the group.

OMNILORE PROFILE – JOHN STEVENS

John Stevens is one of the very few *Omnilorians* who can claim to not only having been born in Los Angeles but to having spent almost his entire life in the area.

Born in Hollywood, John graduated from the Webb School of California (a private high school in Claremont) prior to attending Pomona College where he received his bachelors degree in Liberal Arts. After receiving his masters degree and Ph.D. in nuclear physics at Cal Tech, John received a Fulbright award to study nuclear physics at Max Plank Institute in Heidelberg, Germany.

Upon completion of his studies abroad John went to work at The Aerospace Corporation in 1962 where he spent his entire career.

During his first nine years he performed research in space science, that involved designing satellite equipment, integrating it on satellites and analyzing data returned from space.

For the next 11 years he worked in the forefront of developing and testing advanced space technologies – including multi-kilowatt electrical power systems, infrared measurements, encrypted and authenticated communication subsystems, and navigation by satellites.

During the 12 years he worked in Star Wars, he was in charge of all supporting Air Force weapon systems activities out of the Air Force Space Division.

During his working years he sang tenor with the Los Cancioneros Master Chorale

He was posted to Washington, D.C. for two assignments. During the first, he worked with the Undersecretary of Defense for Space. He was part of a team that planned what goals the United States should head towards for space systems 20 years down the road. In his second stint in Washington he worked for the National Reconnaissance Agency planning for signal intelligence for a twenty-year time span.

His non-space technology work included procuring contracts and working on several failure analysis boards trying to understand the causes of failures.

Upon returning to California he worked at trying to incorporate various advanced technologies into launch vehicles and satellite control facilities.
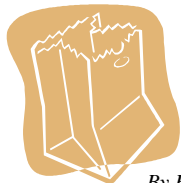
He retired in 2000. His hobbies include bicycling, gardening and reading. He is a member of Great Books. In addition he is a theatre lover, having season tickets to the Los Angeles Opera, Los Angeles Philharmonic, Palos Verdes Philharmonic, South Bay Civic Light Opera, Odyssey Theater, Orange County Master Chorale, and South Coast Repertory Theatre in Orange County.

John is an avid traveler and paleontologist. He photographed the first total eclipse of the sun in this millennium while in Zimbabwe. Prior to his retirement he went fossil hunting in Mongolia and went on three safaris. He has also traveled in Peru and took a boat up and down the Amazon from Iquitos, bird watching.

Skiing tops his list of active sports. In addition to skiing in Switzerland, he skis 30 days a year throughout the U. S.

This fall he will be on the road from September 3 through October 7 on an Elderhostel trip that will include two weeks bicycling along the Danube from Deggendorf to Vienna. This is followed by a hydrofoil excursion down the Danube to Bratislava in the Czech Republic and Budapest in Hungary. He then flies to Athens for another Elderhostel trip exploring Greece, which includes boating through the Agean Sea and exploring the Peloponnesus.

Brown Bag Science
By Burt Cutler

Too bad. That is if you were not part of the 25% of *Omnilorians* who were spellbound by our guest speaker at the last Brown-Bag Science. **George Atamian**, astronomer, lecturer and enthusiast, described some of the events from the big-bang to the supernova that created the star-dust and the elements from which you and I were formed. It's to be hoped that you all gazed at Mars, which during August was the closest and brightest that that planet has been or will be for many lifetimes.

But don't miss the following sessions:

Sept . 4 *The Chemistry of Brain Function*
        (**Bert Goldstein**)
Oct. 2   *All About Earthquakes*
        (**Gordon Kehmeier**)
Nov. 6 *Global Warming* (**John Stevens**)
Dec. 4   *The Developing Brain*
        (**Ruth Money**)

Remember, BBS is always the first Thursday of the month at 12 noon.

Introducing Omnilore Meeting Set

An Introducing *Omnilore* meeting will be held Thursday, August 28th from 10 a.m. to noon, for new and perspective members who are interested in attending classes this fall.

OMNILORE Annual Luncheon Reservation Form

WHEN: Wednesday, October 29th 2003 – 11 a.m.

WHERE: **Torrance Marriott Hotel**
         3635 Fashion Way
         Torrance, CA

Reservations are required by October 23rd, please!

Please make _____ reservations for the **Omnilore** Annual Luncheon @ $20 each:

Name(s): _____   Phone #: _____
              (Please Print)

         _____   Phone #: _____
              (Please Print)

Enclosed is a check for: ☐ $20   ☐ Other

Please make checks out to **CSUDH**, and put in the Forum Committee's box or send to:

Omnilore, c/o Diana Cutler
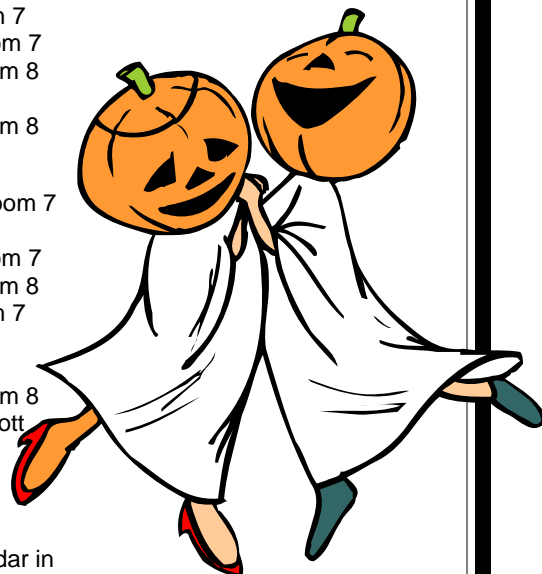10 S. Middleridge Lane
Rolling Hills, CA 90274

OMNILORE
CALENDAR
2003

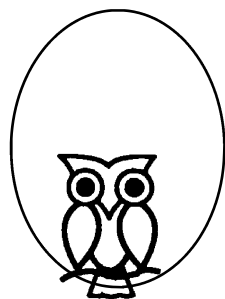|		
August	28	Introducing ***Omnilore*** Meeting, 10 a.m.-12 Noon - Room 7
September	**1**	**Labor Day**
	4	Brown-Bag Science (BBS) Series - 12-1:00 p.m. - Room 7
		Chemistry of Brain Function - Bert Goldstein
	9	Membership Committee Meeting - 12:15 p.m. - Room 7
	11	Board of Directors Meeting - 12 Noon to 2 p.m. - Room 7
	12	Computers & Technology SIG - 1:30-3:30 p.m. - Room 8
	19	Hiking Group - 10 a.m.
	26	Computers & Technology SIG - 3:15-5:15 p.m. - Room 8
	29	Forum Committee Meeting - 12-1:30 p.m. - Room 7
October	7	Brown-Bag Science (BBS) Series - 12-1:00 p.m. - Room 7
		Earthquakes - Gordon Kehmeier
	9	Board of Directors Meeting - 12 Noon to 2 p.m. - Room 7
	10	Computers & Technology SIG - 1:30-3:30 p.m. - Room 8
	14	Membership Committee Meeting - 12:15 p.m. - Room 7
	15	Input Deadline for November-December Newsletter
	17	Hiking Group - 10 a.m.
	24	Computers & Technology SIG - 1:30-3:30 p.m. - Room 8
	29	Annual Luncheon Meeting - 11 a.m. - Torrance Marriott
	31	**Halloween**

IMPORTANT
Calendar changes and additions may be made in one of two ways:
Either phone Carol Johnson (310) 372-8535, or mark the corkboard calendar in
Room 7 and notify Carol Johnson via e-mail at cnordj@sprynet.com .

Sept. 15 - Oct. 15: Please call or e-mail Bob Grove (833-3039, papabob111@aol.com)

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P.O. Box 7000
Redondo Beach, Ca. 90277-8710**