



# OMNIOLORE NEWS



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March 2011

## OLLI AT CSUDH OMNIOLORE

OMNIOLORE NEWS is a publication of OMNIOLORE, a Learning-in-Retirement Organization, a program of the Osher Lifelong Learning Institute at the California State University Dominguez Hills

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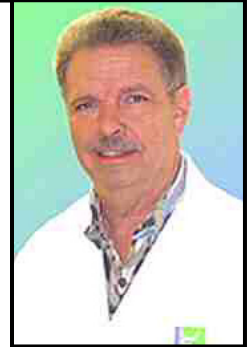
Omniole News is published six times annually. We welcome short feature articles and news stories. Please contact the editor with your contributions.

Editors	Barbara Case Jim Halloran
Staff Member	Carol Kerster

## Will the Fall of ObamaCare Be Enough to Save Health Care and Your Doctor/Patient Relationship?

by Carol Kerster

It's hard to imagine an Omnilorean who has not been faced with so much information about a subject, that the task of focusing on what is most significant—and narrowing it down to the limits of a classroom presentation—can be daunting. Daunted was how I felt as I looked at the pages of Curriculum Vitae and professional and personal philosophy sent by Dr. Thomas W. LaGrelus M.D. and Fellow, American Association of Family Physicians (FAAFP), the speaker scheduled for our Spring Forum meeting.



Dr. Thomas W. LaGrelus

While many speakers have had equally numerous and varied degrees and professional experiences, I am hard-pressed to equate the generally quite brief summaries they send with the extensive amount of information the doctor provided. I hope I do him justice in the space available.

Dr. LaGrelus, a native Washingtonian, took his Bachelor of Science degree in zoology and chemistry at the University of Washington, and acquired his M.D. at that university's medical school. Internship and residency took place at the University of Southern California Medical Center, followed by active duty in the U.S. Air Force Medical Corps at Wright-Patterson Air Force Base in Dayton, Ohio. There he served as Flight Surgeon and acting Chief of Flight Medicine for the base and for the fighter-bomber test program. Civilian life continued in Ohio until 1973, when he returned to the USC Medical Center as a full-time doctor in the Emergency Medicine Department. His first private family practice, from 1974 – 1983, was in Redondo Beach. In 1983 he became owner of Skypark Preferred Family Care, to which he added, in 2006, a concierge practice including geriatric medicine. And that is where he is today.

Since his first certification in 1977, Dr. LaGrelus has served as either president, delegate, board member, chair, instructor, or founder, of at least ten professional organizations. His personal interests are extensive: active in aviation, photography, exercise, public speaking, medical politics, writing, and health care reform; the last, as you have surely surmised from the title, is the primary subject of his speech to us.

His own words best express his view of his life and his work "...being a physician is a great privilege that carries great responsibility. It is a full-time calling to which I devoted my life—a decision I made as a youth." At the same time one must "...not be so overwhelmed with work that they lose their compassion and burn out prematurely..." Accordingly, he includes in his responsibilities "...time for continued self-education and collegial contact. Time is needed for families, friends and recreation."

I hope you agree that this is a man who has a message for all of us, perhaps professionally, and most assuredly, personally. Therefore, please register for the Spring Forum, to be held at our usual, most accommodating luncheon venue, Los Verdes Country Club, on Friday, April 29<sup>th</sup>, at 11:30 a.m. And also as usual, a delicious chicken

lunch or a vegetarian plate is available for \$18.00. You may wait for the flyer soon coming to you by regular mail, or you may use the form on page 9 of this newsletter to reserve your place.

### DON'T MISS – IN THIS ISSUE

◆ President's Message	Page 2
◆ Profile—Kit Bell	Page 3
◆ Equipment Box	Page 5
◆ Computer Talks	Page 6
◆ The Bookshelf	Page 9
◆ Dean's Corner	Page 10

**MESSAGE FROM THE PRESIDENT**

by Bill Gargaro

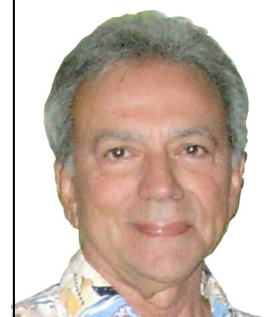
One of the important activities at the end of each trimester is the survey we collect from the membership regarding our evaluations of the Study/Discussion Groups (S/DGs) in which we just participated. At the time the request is made, it may not seem very important, especially if you were basically satisfied and didn't develop any strong feelings about S/DG sessions. But it is still important to provide your evaluations, because it can help the planners do the best job possible for future S/DGs. For those who do have strong opinions on how well the S/DG was conducted and about class participation, the survey is even more important. The bottom line is that the Board and the Coordinator Group need to know where the strengths and weaknesses are for each S/DG in order to plan better course offerings and instructional sessions (e.g., *Presentations 101* Workshops and Computer Talks). From the latest survey results, the overall evaluation of the most general measure of how well the S/DGs are carried out (i.e., whether or not they meet expectations) remains at a very high level. It now stands at an approximately 84% positive rating (for those who responded). This is very good news. Individual written comments on specific S/DGs provide valuable information to guide the instructional sessions noted above. The basic message from the latest survey is that we are doing well overall, but as in all activities where we humans are the main players, improvement is definitely possible. We learn from the comments that it is still important to keep in mind the goal of having all the

class members participate in the "discussion" part of S/DG sessions. I believe that through lively, but civil, exchanges in the classroom we all get the maximum benefit from our Omnilore study efforts.

I would like to return to an idea that has been pursued in previous years and one that I brought up in the last newsletter—namely that we should try to reduce waste (mainly printed material) in all our activities. My first goal would be to reduce the number of copies of the printed and mailed versions of the document you are presently reading. The savings in paper waste are obvious and the potential yearly savings in envelopes, labor, and postage could be significant. If enough of us agree to read the newsletter online, a significant savings can be achieved. Any monetary savings would be applied toward some benefit to the membership (e.g., a reduction in cost of the annual meeting forum in October). All of the newsletters for nearly seven years are posted on our Website in full color. I ask those of you who have computers and feel comfortable with browsing, go to our Website home page (<http://www.omnilore.org>), and select Newsletters from the left column. On the next screen in the green framed box at the top, click on "Archive of Current and Past Newsletters." A table listing all newsletters from May of 2004 to the present appears. Click on the one in which you're interested, and see if reading it on your computer screen in PDF is acceptable. Before the next newsletter comes out in May, you will

receive an email asking you to choose how you want your newsletter delivered, either by postal mail, or by an email giving you the direct download link to the newsletter on our Website. Whichever you choose, that's the way you'll receive it. For those without email, you will receive correspondence in the regular mail, as usual.

Finally, I have to comment on the new equipment that we've recently purchased to improve our presentation capabilities. Our new items that we call "desktop presenters" or "document cameras" are a great improvement over our old ones. The new ones produce much brighter images and have a lot of other capabilities as well (e.g., freezing an image so it doesn't move around during the discussion). I wholeheartedly recommend that you try them; they might influence the way you choose to present your material in the future. Another new piece of equipment is a printer in Room 7 that has wireless (i.e., over-the-air) capability. For those little emergencies where you might need a copy or two to support a class, this is a real headache saver. Other equipment was also purchased to improve our equipment infrastructure (e.g., a Mac laptop) and you are invited and encouraged to become familiar with them and to use them to your best advantage. Hal Hart explains more about these new purchases in his *Equipment Box* column. In addition, remember that Hal conducts equipment classes several times during the year.

**March Date Set for New "Introducing Omnilore" Meeting**

by Howard Korman

The Membership Committee has scheduled an *Introducing Omnilore* meeting for prospective members who may want to join *Omnilore* for the Summer trimester. The date is:

**Tuesday, March 22nd**  
**10 a.m. at the Franklin Center in Room 7**

Attendance at an *Introducing Omnilore* meeting is mandatory for new members, so please tell anyone you know who might be interested about this upcoming date. We know that most of our new members join as a result of referrals by current members. We have a wonderful organization with a great deal to offer, and classes that are very enjoyable and informative.

**Help Spread the Word!**



## OMNIOLORE PROFILE—Kit Bell

by Norman Lobsenz

Are you one of those folks who dislike shopping, especially if you need to buy a significant number of essential items that must be delivered on time, in top working order? If so, you would hate to have had the assignments Col. Robert “Kit” Bell carried out during his twenty-six years with the U.S. Air Force. For most of those years Kit served in a variety of Air Force Commands, ranging from Vietnam to Europe, as Chief of Contract Management and Administration. “To put it in civilian terms,” says Kit, “my job was to oversee, and be responsible for, everything the Air Force needed to purchase—from strawberry jam to tanks, from orange juice to airplanes, from peanuts to ammunition.”

Kit was born in New Jersey in 1941, but the direction of his life was shaped by three key events in 1964, when he graduated from Clemson University with a degree in Industrial Management; married his high school sweetheart, Nancy; and though color blindness forced Kit to give up his ambition to be a pilot, he was commissioned a Second Lieutenant as a distinguished graduate of Clemson’s Air Force ROTC program. He entered active duty immediately in various contract administration positions at Patrick Air Force Base, Cape Kennedy, Florida.

Three years later Bell was selected to attend the Air Force Institute of Technology School of Graduate Logistics, in Ohio, and after graduation he was assigned to the Los Angeles area, where he was Chief of the region’s Contract Administration Division. In 1972, during the Vietnam war, Kit was stationed in Thailand as Commander of the Air Force office overseeing “classified flying services and aircraft maintenance” for Air America. It comprised a group of civilian pilots who—covertly sponsored by the CIA—patrolled air and land routes in Southeast Asia, particularly the Ho Chin Minh trail that the Viet Cong forces used to infiltrate South Vietnam.

The secrecy blanket over Air America made necessary an interesting “commute” for Kit and his staff. “The Geneva Convention limited the number of military advisors we could have in Laos,” Kit says. “So every thirty days, when the U.S. Embassy made its head count, we would have to fly out of Laos back to our official base in Thailand, a relatively quick helicopter trip.”

In 1973, Bell was made Chief of Staff for Procurement and Production in the Air Force’s Logistics Command. From there he was selected to attend Armed Forces Staff College in Virginia, and thence back to Ohio to serve as Chief of the Manufacturing Divisions charged with overseeing the F-16 Program and the Simulator System program. In 1979 — 80, Bell was sent to the Air War College in Alabama and after graduation he was named Commander of the Air Force Contract Management Center in Wiesbaden, Germany. Kit was now responsible for all Air Force contract administration in Europe during the Cold War years, overseeing a staff of five hundred, both military and civilian.

To keep in touch with the operating centers of the command—Munich, Garmisch-Partenkirchen, Geneva, Athens, Cairo, Tel Aviv—Kit traveled frequently, visiting each one four times a

year, occasionally accompanied by Nancy and their two children.

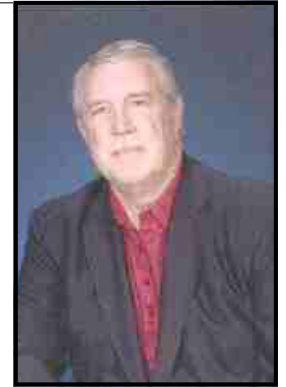
Do you get the picture now? During his twenty-six years in the Air Force, Kit moved his home base twenty-one times. “It wasn’t as tough as it may sound,” he says. “We were exposed to many different cultures, we learned different languages, we got good at packing efficiently, and we made many, many friends.” How many? Last December they sent out 140 Christmas cards.

When his tour of duty in Europe was over, Kit (by now a full Colonel) was put in charge of contract administration for the B-1 bomber program being run by Rockwell International in El Segundo. He then served as Deputy Chief of Staff and the Director of Launch Systems for AF Space and Missile Systems. By the time Kit retired from service in 1990, he had acquired an impressive number of military decorations: the Bronze Star, an Air Force Meritorious Service medal with two oak leaf clusters, the Joint Service Commendation medal, and the Legion of Merit with two oak leaf clusters.

Kit now took his skills to private industry as Director of Material Operations for Rockwell’s North American Aircraft Division. Later, when Boeing took over Rockwell’s aerospace business, Kit headed up all material and management operations for development of the B-1B and C-17 programs. By 2005, however, Nancy had ended her long tenure as a teacher in the L.A. school system, the couple enjoyed life in their San Pedro waterfront home, and Kit retired for a second time...but not for long. Nancy had already joined Omniole, found it stimulating, and told Kit he was having too much of a good time playing golf, and he needed to take some classes. Kit signed up five years ago, and has just finished two years as Vice-President for Academics. “I’ve learned a lot,” he says, “especially that Nancy and I should never be in the same class.” They do, however, both volunteer as docents every week at the Point Fermin Lighthouse, and both are active in St. Peter’s Church.

And despite all the years of Air Force travel, they both still enjoy roaming the world. They try to take three major trips each year, ranging from Ireland (to do genealogical research on Nancy’s family history) to Cambodia, India, and back to Laos and Thailand. They recently returned from London, Paris, and Dubai, where their son, Russell, teaches in the American School.

Where would they like to go next? “To the north of Britain and Scotland,” Kit says. Perhaps he’s planning to manage a contract for kilts.





## OLLI Plans for Spring 2011

by **Jim Bouchard**

Senior Program Development Specialist  
Coordinator, Lifelong Learning, OLLI at CSUDH



The OLLI Curriculum Committee received requests for presentations celebrating Black History Month, which is observed each February. As a result, three Black History Month events were sponsored by OLLI. Each presentation was well-attended and a great success.



The first presentation on February 4 was *Rediscovering Ancient Nubia: The Heart of Classical Africa* with Dr. Salim Faraji, Assistant Professor, CSUDH, Africana Studies Department.



The second presentation on February 11 was *African-American Music and Musicians: Evolution and Preservation* with Dr. Hanson L. Caldwell, Emeritus Faculty, CSUDH, Music Department. Dr. Caldwell discussed the history of African-American music and musicians in Los Angeles.



The third event was a panel on *African-Americans in Carson* moderated by Jacquie Stewart, OLLI Ambassador and member. Ms. Stewart invited Mary Anne O'Neal, former Carson Councilwoman and presiding Queen Mother of the Fannie Lou Hamer Society, and Gil Smith, former Mayor of Carson. Mr. Smith presented a fascinating account of the establishment of the city of Carson.

Thank you to CSUDH faculty and the former Carson public officials for their participation!

## And the Survey Says...

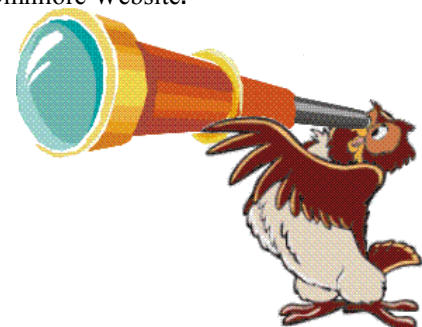
by Patricia Edie

At the end of each trimester, members receive a simple email survey asking for their feedback regarding each of the Study/Discussion Groups in which they participated. It is an opportunity to provide accolades for what contributed to a great learning experience as well as to make suggestions for improvement in future S/DGs.

**The good news:** Results for the Fall 2010 Trimester indicate that on a whole, members are very pleased with their Omnilore experience and thought that their expectations had been met. Kudos go to: *House of Medici*, *Short History of Nearly Everything*, and *America's Best Short Stories* for having the highest scores. The *Shakespeare* S/DG continues to be a very stimulating experience for the members. The aspects members enjoy most are the richness of discussion and the enthusiasm of the members. It seems when S/DGs use their premeeting to decide together how they want the class to function, the class runs very smoothly. It is a reminder to us that the class belongs to us as a group and we can create our own experiences. Field trips appear to be a highlight, adding to the overall experience. Coordinators that go out of their way to facilitate a stimulating class are very appreciated.

**The areas for improvement:** As always, Omniloreans don't like to be bored. New members have brought in new ideas and some very creative methods of presenting research data. Members appreciate flexibility in their presentation styles. Members can present their material in any manner that is comfortable for them. Since a number are choosing to use our presentation equipment, it is important that there be someone in each S/DG who is familiar with setting it up. Lively discussion, open to all viewpoints, is essential. Members ask that "air time" be shared so all can participate and that opinions be heard in a respectful manner.

Lastly, the survey allows for members to nominate one person in the S/DG whose presentation was exceptional. The winners of this trimester's nominations are featured on the Members Showcase page (<http://www.omnilore.org/members/Showcase2.htm>) on the Omnilore Website.





by  
Hal Hart  
[Hal.Hart@ACM.ORG](mailto:Hal.Hart@ACM.ORG)

# THE EQUIPMENT BOX

## The New Is NOW (Part 2)

### Mac Laptop, Copier/Printer/Scanner, and Room-8 Desktop Presenter

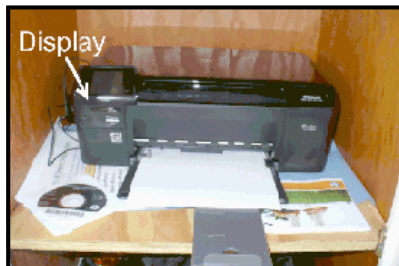
In the January/February Newsletter, this column described the new AVerVision VP-1 desktop presenter in Room 7. Following are brief descriptions of three other recent equipment acquisitions: the Macintosh laptop, the copier/printer/scanner, and the different AVerVision desktop presenter in Room 8.



Omnilore's new laptop is a MacBook Pro with a 13.3-inch display, 2.4 GHz Intel Core 2 Duo processor, 4 gigabytes of RAM, 250-gigabyte hard drive, CD/DVD SuperDrive, a Secure Digital (SD) camera/memory card slot, a web camera, wireless connectivity, and Mac OS 10.6 Snow Leopard. Installed software includes Office 2011, OpenOffice, Firefox,

Safari, Chrome, video players, and Mac's innovative applications for capturing, editing and managing photos, music, and movies. It is stored on the middle shelf of the Room-7 equipment closet in a red carrying case; feel free to take it to Room 8 if it is not being used in Room 7. It is stored with the adapter to the VGA cables to the projector. PC users may find the Mac surprisingly easy to use. Please contact Laptop Administrator **Rick Spillane** ([RSpillane@ca.rr.com](mailto:RSpillane@ca.rr.com), 310/645-1431) for any issues with the Mac laptop; or, I can help if you can't reach Rick. Catch the March 24 Computer Talk at noon which will show off our new Mac laptop.

Our new HP PhotoSmart copier/printer/scanner is stored in the unlocked closet at the right front of Room 7. It should always be "On" and the closet door open for ready copying and printing. Early experience suggests its greatest value will be as a low-volume copier, for example when class members are missing lists of questions or a presenter has a picture or map some class members want to take away with them. Instructions for copying are hung above the machine; the most important step is the first: the machine's display at the upper left of the front will be dark, and touching at the lower right outside the display will activate it, after which the steps for copying are fairly obvious. The printer is on our classrooms' wireless network, and thus is accessible from any wireless computer connected to the Omnilore network. But, you need to load the printer driver software first; the install disk is stored with the printer. The printer driver is already installed on both rooms' PCs and the new Mac, so you can easily print from them.



Room 8's new desktop presenter is a black AVerVision 300AF+. It has more features than the simple white VP-1 in Room 7, but the extra controls are covered so only zoom and auto-focus (*on the right side of the control panel*) are accessible. The device has a built-in light, so brightness should never be a problem. A laminated instruction sheet is stored with the 300AF+. The VGA cable to the projector is attached to the blue (output) port on the back corner of the right end of the 300AF+.

### Hiking/Walking Group: Come Join Us!

by Steve Miller

If you enjoy walking and hiking, consider joining other Omniloreans in the monthly outing sponsored by our Special Interest Group dedicated to outdoor perambulation. We start at 10:00 a.m. on the third Friday of the month from various locations. Nonmembers are welcome to join the group. The walks or hikes take less than two hours and most participants stay for a group BYO lunch. Most trips are not difficult and we advise about those that involve moderate climbing. Our April hike usually features a downtown area such as Los Angeles, Hollywood, Pasadena or Long Beach. Come join us! Contact **Steve Miller** (at [RedQuark@aol.com](mailto:RedQuark@aol.com) or 310-379-5559) to be put on the distribution list for specific details of each month's outing.

On Friday, April 15, we will explore the West Adams area of Los Angeles. If you want to go on this walk, meet us at the Artesia Metro Station on the Blue Line. Plan to arrive at 8:45 a.m. so that you can purchase your ticket and meet us on the platform. We take the first train after 9:00 a.m.

Contact **John Taber** (at [johnlyntaber@gmail.com](mailto:johnlyntaber@gmail.com) or 310-831-4768) to obtain more information about this walk.

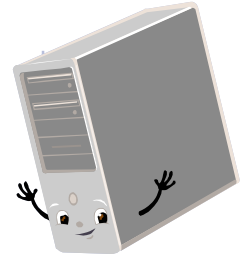




## Computer Talks

### Introducing Omnilore's Macintosh Laptop March 24th—Noon — 1 p.m.

by Hal Hart



Is there any truth to Apple's slogan "Everything's easier with a Mac"? If imitation is the sincerest form of flattery, it's no accident that Microsoft's Windows operating systems have evolved to mimic the user-friendly graphical interface popularized by the Macintosh in the 1980s and improved ever since.

Come to this Computer Talk if you're open to considering a Macintosh as your next computer; or if you have a Mac and want to preview some of its novel built-in applications that you haven't yet fully explored; or just to see some of the reasons Mac's market share is on a sharp rise. This talk will provide glimpses of Macintosh's continuing innovation with user-friendly applications, collectively known as *iLife*, for producing movies (*iMovie*), editing and organizing your photos (*Photo Booth*, *iPhoto*), managing your music and audio files (*iTunes*), burning nifty DVDs (*iDVD*), and more (*iWeb*, *GarageBand*...). And learn about the easy transportability of all your files between the Mac and Windows computers.

This Computer Talk will also be your opportunity to ask questions about the Macintosh. Bring your questions or problems from previous computer experience, and we'll address them. Feel free to contact the presenter ([Hal.Hart@acm.org](mailto:Hal.Hart@acm.org)) prior to the Talk to suggest what else you would like to see demonstrated or learn about on the Mac.

Study up on the *iLife* suite on your own at [www.apple.com/ilife/](http://www.apple.com/ilife/).

See the related "Equipment Box" article on page 5 in this issue providing technical details about Omnilore's new Mac laptop. All attendees at this talk will earn an "A" grade.

### Everything Wiki April 28th—Noon — 1 p.m. by Rich Mansfield



What's a wiki? What type of person contributes to a wiki? How difficult is it to make changes to an existing wiki, or to author a new one? Are there different types of wikis? Learn all of this and more at my April 28<sup>th</sup> Computer Talk. I am a recent convert, but I have plenty of fascinating information to pass along to you. What's more, I am enthusiastic about the subject.

Wikis—as in Wikipedia or WikiLeaks—are something that anyone can make as easily as they do word-processing; and wikis provide advantages over email when it comes to collaborating on projects. Before coming to the Talk, you might want to check out this quick introductory video:

<http://www.youtube.com/watch?v=-dnL00TdmLY>

During my presentation, we will explore possible uses that Omnilore might have for implementing a wiki, e.g., organizing a get-together, gathering questions a forum speaker might be asked to address, collaborating on an Omnilore presentation, etc.

Do you still need to be convinced of the importance of wikis? Do you ask yourself: Why bother? Well, maybe it's the smart thing to do. Here's a quote from Vernor Vinge, a famous science fiction author, a retired San Diego State University professor of mathematics, and computer scientist "...every time our ability to access information and to communicate it to others is improved, in some sense we have achieved an increase over natural intelligence. Even now, the team of a PhD human and good computer workstation (even an off-net workstation!) could probably max any written intelligence test in existence."

Do you need some more convincing? Listening to Clay Shirky's TED talk might help:

[http://www.ted.com/talks/lang/eng/clay\\_shirky\\_how\\_cognitive\\_surplus\\_will\\_change\\_the\\_world.html](http://www.ted.com/talks/lang/eng/clay_shirky_how_cognitive_surplus_will_change_the_world.html)

Please, come and enjoy learning more about *Everything Wiki*.

Members Showcase Winners

by Patricia Edie



Drum roll please... The following Omniloreans were nominated through the S/DG Feedback survey process for exceptional scholarly presentations during the Fall 2010 trimester. Those that are in electronic format will be available at the Omnilore Website:

<http://www.omnilore.org/members/Showcase2.htm>.

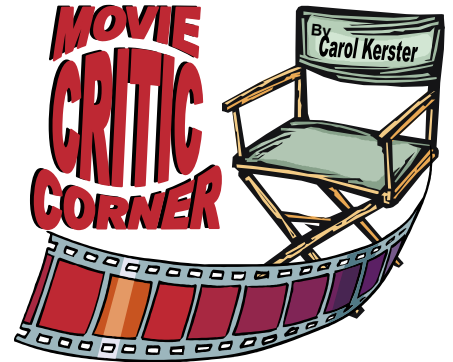
In addition, many of the winning non-electronic presentations have helpful descriptions. The winners are:

- Maria Ashla**
- Muriel Blatt**
- Ralph Brown**
- Barbara Case**
- Kathleen Davis**
- Catherine Gallipeau**
- Chuck Herring**
- Howard Korman**
- Jim North**
- John Stevens**
- Kathleen Terry**
- Larry Young**
- Kit Bell**
- Janet Brown**
- Judith Burke**
- Merle Culbert**
- Jean de Angelis**
- Pat Digre**
- Hai Hart**
- Carol Kerster**
- Neale Lehman**
- Ralph Singer**
- Helen Stockwell**
- Tom Vincent**
- Theresa Yu**

New this trimester is a winner from our longstanding Writing Mind S/DG. The winner is **Theresa Yu**, who is recognized for two works, an essay on the Iowa Writers Workshop and a short story entitled "Jessica's Mourning." The short story in particular is not to be missed!

Take the time to look at this page. Even a quick scan can make you feel good about being a part of Omnilore and the wonderful scholarly and creative work that we accomplish.

By the time you read this, the Academy Awards are surely out of sight and mind. If you are among the few who have not seen *The King's Speech*, *The Fighter*, *Beautiful*, and *Social Network* (which I reported on at length in the Nov/Dec 2010 Newsletter), I commend them to you. Each is the kind of film that makes me love movies: smart scripts, intelligent direction, lights, cameras, music intrinsic to the story, and acting that makes you gasp at actors who don't appear to be acting at all; I believe the phrase is "they inhabit their roles." Do they ever...leads and supporting actors alike.



Having said that, I am happy to announce that another Omnilorean, **Marilou Lieman**, "bit the bullet" and was generous enough to share the following words about a movie that she saw, a German film, available on Netflix. "The movie was an extraordinary movie, a painful movie, with exceptional acting, depicting responsibilities and conflict within a culture and their human impact on all who are involved: *Die Fremde (When We Leave)*."

*The Company Men* tells a contemporary tale: what happens to highly paid executives, and to their families, when they are fired. Nothing pretty, of course...that is, at first. When Ben Affleck, Chris Cooper, and, finally, Tommy Lee Jones—co-founders of a highly successful firm—are dumped, without notice, by "stockholders-and-new-executive-offices-come-first" boss, Craig Nelson, their responses are wide-ranging. From attempts to cover up, to participation in job acquisition training, to marital upheavals, the changes in the lifestyles and ultimately in the final impacts on the three were of fair interest to this viewer. The personal humiliation and disbelief suffered by them was understandable. What was not, was how such highly paid people, specifically Affleck and Cooper, had not saved some money along the way. I suspect this is a viewpoint that eludes "Depression babies."

I do not mention Tommy Lee Jones in this category for two reasons. As the ending reveals, he obviously did have more than "rainy day" savings put aside; this man is an actor that defines the word. Without obvious facial or bodily changes, he conveys contempt, compassion, courage...whatever the moment requires; it is beautiful to behold. Chris Cooper is very good, but in a more predictable role.

To see Jones in a piece worthy of his talents, and playing opposite Samuel Jackson, I submit one more recommendation that I came upon quite accidentally. It was on HBO, and hopefully, it will appear again, or become available from other sources, e.g., Netflix, libraries, etc.

*The Sunset Limited* is a play adapted by its author, Cormac McCarthy. It consists of two men discussing—what else?—the meaning and purpose of life. It does not solve anything, but it is well worth watching.

Please send your recommendations of recent, or not so recent, movies you have seen and think Omniloreans would like. A few words about the content, the actors, special effects, direction, etc., would be useful. Send your critique to [ckerster@aol.com](mailto:ckerster@aol.com).

## Top-Notch Presentations

by Jade Suzanne Neely

Many positive comments have been expressed on the high quality of our classroom presentations. Now many of these “Showcase Winning” presentations may be viewed on our Website (see <http://www.omnilore.org/members/Showcase2.htm>). While many of the winning presentations are digital, there are a large number of presentations that were made in a non-digital format. Take a look at these prize-winning presentations. You will be amazed at the scholarly content and high level of creativity demonstrated by these remarkable Omniloreans!



While you are reviewing the “Showcase Winning” presentations, please note that some include bibliographies, which are a frequently overlooked part of Omnilore presentations. These can be simple lists of sources used (typically displayed at the end of the presentation or included with the outline), or individual citations displayed alongside charts, maps, graphs, quotations, etc.

In the “Forms, Guides & Training” section of our Website, there is a very useful document entitled “Presentation Pointers” (see <http://www.omnilore.org/members/Forms2.htm#Presentation>). Also in this same area of the Website, there is a link to the PowerPoint presentation that is used every trimester to deliver our *Presentation 101* workshops. If you’ve already attended one of these sessions, you may benefit by reviewing the material again. If you are a long-time Omnilore member with a great deal of experience producing good presentations, please consider viewing this training guide to keep your knowledge about what makes a top-notch Omnilore presentation up-to-date.

**Rick Spillane** and **Bob Bragonier** recently presented Omnilore Computer Talks covering beginning and advanced PowerPoint skills. You can view the PowerPoint slides they used to accompany their Talks, by going to the Computer Talk Archive ([http://www.omnilore.org/members/Curriculum/SDGs/99x-SIG\\_Computer\\_Talks\\_Archive/](http://www.omnilore.org/members/Curriculum/SDGs/99x-SIG_Computer_Talks_Archive/)) and finding the appropriate links in the “PowerPoint Presentations” section. Each stands by itself as an excellent training guide and, for those who attended the Talks, an outstanding way to review what was covered.

Keep up the good work. I know I am continually amazed at the great ideas and discussions that are generated from all your research and hard work

## In Memoriam

### Bette Henning

Former Omnilore member Bette Henning died on January 25.

Bette joined Omnilore in the mid-1990s and served on the Board of Directors as a Member at Large. She was also co-chair of the Forum Committee, and not only helped the Chair obtain guest speakers, but also designed all the table centerpieces for those events.

Bette will be remembered for her keen mind, quick wit, sense of whimsy, and her ever-present creative spirit.



*Bette, in costume, taken at the 2002 annual meeting.*

### Lorraine Marcone

We mourn the passing of another long-time and active Omnilorean, Lorraine R. (Lofrumento) Marcone. She passed away peacefully at home on January 2 following a valiant seven-month battle with brain cancer.



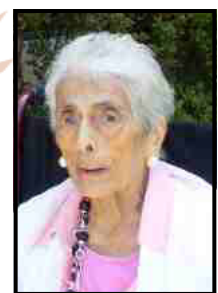
Her commitment to knowledge and the community was evident in her active participation as a docent for the Cabrillo Marine Museum, member of Las Candelistas’ *Walk on the Wild Side*, Omnilore student, and Junior League member. She was a South Bay real estate agent for over twenty years.

Despite her illness, Lorraine continued to participate fully in Omnilore S/DGs. A few weeks before her death, she completed coordinating the Fall 2010 Cuba class. Lorraine was signed up for the Spring 2011 Marco Polo class.

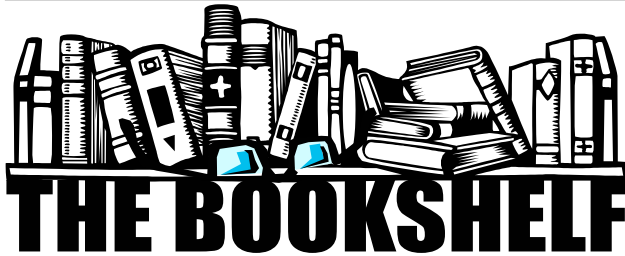
### Manuela Matute

Manuela Matute, a longtime Omnilorean, at one time was our organization’s oldest active member, and also holds the distinction of being our first Mexican-American member. She died on January 4.

At fifteen, Manuela came to California. In 1931, she became the first Mexican-American girl to graduate from Claremont High School. In 1935, she graduated from Pomona College and went on to have a successful 26-year teaching career with the L.A. Unified School District.







by Patricia Edie

In the nonfiction category there is *The Warmth of Other Sons: The Epic Story of America's Great Migration* by Isabel Wilkerson. This is a great untold story of American history; specifically, the decades-long migration of black citizens who fled the South for northern or western cities in search of a better life. The author, a Pulitzer-Prize-winning journalist for the *New York Times*, makes the case that the people who left the south were more like refugees than migrants, journeying across their own country to create home-based communities in new places.

*As Always, Julia: The Letters of Julia Child and Avis DeVoto* by Joan Reardon. This is the collection of letters by pen-pals over many years. Started by Julia's reply to Bernard DeVoto's complaint in an article stating that there were no good knives in the U.S.—Julia, living in France, sent him two. His wife Avis answered and thereby started this wonderful exchange of letters. These were two very liberal, very bright housewives, with

access to the movers and shakers and attitudes of the day. They expressed themselves frankly and with great wit. Together they brought out a revolutionary cookbook and later, Julia's TV eminence. A great book for "foodies!"

*In Open Spaces* by Russell Rowland. This is the story of a Montana ranching clan as it struggles to survive the Depression, two world wars, and family tragedy. Narrator Blake Arbuckle finds himself torn between trying to preserve his tattered family and striking out to pursue a baseball career. Rowland is a writer who beautifully integrates compassion and the land and the times into the tale.

*Fall of Giants*, by Ken Follett, is another fantastic epic novel—a sweeping saga covering the years between 1905 and 1923. Set in Europe, three main characters—one from America, one from England and one from Germany—take you through this novel. The author's research gives much background on the period before and during World War I and blends in romance and intrigue. It is the first of a trilogy, and though almost 1,000 pages long, they fly!

*Aloha Quilt* by Jennifer Chiaverini. A skilled master quilter from Pennsylvania is caught in the middle of a tumultuous divorce when a college friend from 35

years ago calls and asks her to come to Maui to help set up a B&B that will feature an on-going quilting camp with lessons in the Hawaiian style of quilting. The opportunity serves as a way to clear the space from her former world while waiting for the divorce to finalize. The heart of the story is learning about the traditions behind the native Hawaiian quilting and the bond the old friends renew even when a revelation by one threatens to tear them apart.

(Book suggestions from Omniloreans make this column work. Our thanks to **Cindy Eggert, Jean Lawrence, Helen Leven, and Midge Solomon** for contributing to our list. Please send your titles, with author name and a very brief description, to Patricia Edie, ([jpedie@ca.rr.com](mailto:jpedie@ca.rr.com)). Please put "Omniole Books" as the subject of your email. We look forward to hearing from you.)



**Children's Science Exam Answers**

- Q: What is the fibula?**
- A: A small lie.**
- Q: What does "varicose" mean?**
- A: Nearby.**
- Q: What does the word "benign" mean?**
- A: Benign is what you will be after you be eight.**



**OMNIOLORE Spring Forum Luncheon Reservation Form**

WHEN: *Friday*, April 29th, 2011—11:30 a.m.

WHERE: **Los Verdes Country Club**  
7000 W. Los Verdes Drive  
Rancho Palos Verdes

Reservations are required by April 22nd

Please make \_\_\_\_\_ reservations for the **Omniole** Spring Luncheon at **\$18.00** each:

Name(s): \_\_\_\_\_  
(Please Print)

\_\_\_\_\_ (Please Print)

Phone #: \_\_\_\_\_

Enclosed is a check for:  **\$18.00**  Other

Please make checks out to **CSUDH**, and put in the Forum Committee's box or send to:

Forum Committee, c/o Diana Cutler  
10 Middleridge Lane S.  
Rolling Hills, CA 90274

OMNIOLORE  
CALENDAR  
2011

- March**
- 2 OLLI at CSUDH Lecture Series—10 a.m. — 12 p.m., EE Auditorium
  - 8 Membership Committee—12 Noon — 1 p.m., Room 7
  - 10 Board of Directors Meeting—12 — 2 p.m., Room 7
  - 13 **Daylight Savings Time Begins**
  - 17 **St. Patrick's Day**
  - 16 OLLI at CSUDH Lecture Series—10 a.m. — 12 Noon, EE Auditorium
  - 18 Hiking Group—10 a.m.
  - 20 **First Day of Spring**
  - 22 Introducing Omnimore—10 a.m. — 12 p.m., Room 7
  - 24 Computer Talk—12 Noon — 1 p.m., Room 7
- Introducing Omnimore's Macintosh Laptop*—Hal Hart (see article page 6)
- April**
- 1 **April Fool's Day**
  - 6 OLLI at CSUDH Lecture Series—10 a.m. — 12 Noon, EE Auditorium
  - 12 Membership Committee—12 Noon — 1 p.m., Room 7
  - 14 Board of Directors Meeting—12 Noon — 2 p.m., Room 7
  - 15 Input Deadline for May-June 2011 Newsletter
  - 15 Hiking Group City Walk (see article page 5)
  - 18 **Passover**
  - 22 **Good Friday**
  - 22 **Earth Day**
  - 24 **Easter**
  - 28 Computer Talk—12 Noon — 1 p.m., Room 7
- Everything Wiki*—Rich Mansfield (see article page 6)
- 29 Spring Forum (see article page 1, reservation form page 9)

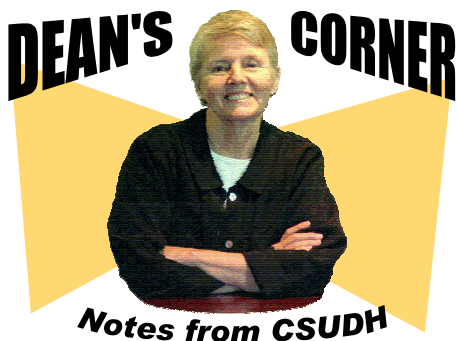


**2011 Forums**

- Winter—January 31st
- Spring—April 29th
- Summer—July 29th
- Annual Mtg.—October 31st

**IMPORTANT:**

**Calendar changes and additions are scheduled with Lynn Taber**  
**johnlyntaber@gmail.com**



*by Margaret Gordon*

*Dean, Lifelong Learning Institute  
College of Extended & International Education*

CSUDH has been selected as a partner campus for the Scholarships for Education and Economic Development Program (USAID SEED Program) which is funded by the United States Agency for International Development (USAID). This program is administered by Georgetown University. CSUDH's College of Extended & International Education (CEE) was awarded a SEED contract to provide education and training for individuals primarily from rural, underserved and economically disadvantaged areas in Central America who do not have access to professional development opportunities.

On January 31, 2011 José Alberto Acevedo Vogl, Consulate General of Nicaragua (pictured at the right in the center with Nicaraguan SEED scholars) greeted 20 SEED participants at a welcoming reception hosted by CEE. President Mildred García, faculty and staff also attended.



The current cohort of twenty SEED scholars are young healthcare technicians and professionals from the Dominican Republic, El Salvador, Guatemala and Nicaragua. Specific objectives for these SEED participants include learning how to effectively address transmissible disease vector control and how to enhance public health programs in their communities. Marlene Ramos, SEED scholar from Nicaragua, says, "I work hard with my promoters in prevention. I want to learn methodologies and techniques to help me guide my people to implement good preventive programs."

"The [SEED] scholarship model incorporates technical training, leadership skills enhancement and English as a Second Language (ESL) preparation focusing on civil society, volunteerism, free market economy and democratic participation as practiced in the United States" (<http://cied.georgetown.edu/seed/index.cfm>).

The USAID SEED 2011 contract award is for two cohorts of scholars; the second cohort of 20 scholars will arrive in June. Recently CEE was notified that it has been awarded another SEED grant for 2012.

For more stories about people and events at CSUDH, the public can access campus news and CSUDH *Dateline*, an online magazine, at <http://www.csudhnews.com/>.