



# OMNIOLORE NEWS



Volume 25 Issue 4

www.omnilore.org

July 2016

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### BOARD OF DIRECTORS Elected Officers

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Recording Secretary	Gloria Dumais
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Member-at-Large	Gloria Martin
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Curriculum	Rick Spillane
Technology	Bill Gargaro
Head Coordinator	Marilyn Brashear

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Room Scheduling	Lynn Taber
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Equipment	Hal Hart
Equipment@Omnilore.org	
Supplies	Jill McKenzie
Supplies@Omnilore.org	
Key Manager	Lynn Anderson
Webmasters	Hal Hart
	Dennis Goodno

## Omnilore's July Forum Speaker to Talk about How the Beach Cities Health District Has Improved the Health of Its Community

When the South Bay Hospital on Prospect Avenue in Redondo Beach closed in 1997, the hospital district reinvented itself into a new purpose: improving the community health. Now, Beach Cities Health District is one of the largest preventive health agencies in the nation. The district has been serving the cities of Hermosa Beach, Manhattan Beach and Redondo Beach for more than 50 years.

Omnilore will be moving into new quarters at the district's complex in Redondo Beach on August 1. Our speaker for the Friday, July 29<sup>th</sup> Forum will inform us about our new landlord and the district's many programs and services. Find out about their extensive range of health and wellness programs, with innovative services and facilities designed to promote health and prevent diseases in every lifespan no matter what age. This includes a medically based fitness center, a full-time registered dietitian, emergency preparedness kits and classes, and an on-call group of licensed health care volunteers – just as a start.

**A special treat at this Forum will be background music provided from 11 a.m. to 1 p.m. by *The Artists Quartet*, a string quartet whose members are all graduates of the UCLA Herb Alpert School of Music. We have our President, Art Irizarry to thank for arranging this delightful entertainment.**

This forum luncheon will be held at our usual place, the Los Verdes Golf Club, in the banquet room overlooking the ocean with a view of Santa Catalina Island. You may register for the Forum by using the coupon on the flyer you will receive or use the coupon on page 7.

Menu for this luncheon is Caesar salad, grilled salmon with mustard dill sauce, au gratin potatoes, green beans and lemon cake for dessert. All the coffee, water and tea that you can drink is available for free with your luncheon. Cost is \$22 per person. A vegetarian plate is available if you order at the time you make your reservation.

The Forum Committee welcomes suggestions from members about potential Forum speakers. Please send your suggestions to Lori Geittmann at:

[catcalico@aol.com](mailto:catcalico@aol.com)



UCLA String Quartet—The Artists

OMNIOLORE NEWS is a publication of OMNIOLORE, a Learning-in-Retirement Organization, a program of the Osher Lifelong Learning Institute at the California State University Dominguez Hills.

OMNIOLORE NEWS is published six times annually. We welcome short feature articles and news stories. Please contact the editor with your contributions.

Editor	Mary Golob
Staff Member	Open

## MESSAGE FROM THE PRESIDENT

Art Irizarry

### *We Are Moving!*

**O**n August 1st we will be at the Beach Cities Health Center (BCHC), 514 North Prospect Avenue, Redondo Beach, Lower Level Suites A and B. The BCHC is on Prospect Avenue between Beryl Avenue and Diamond Avenue, approximately two blocks south of 190th/Anita Street and two blocks north of Del Amo Boulevard/Del Amo Street in Redondo Beach. It ranked as the best site of more than 30 sites visited or contacted over almost two years.

Many longtime South Bay residents now call it the Beach Cities Health District campus and remember it as the former South Bay Hospital. The campus contains three buildings numbered 510, 514 and 520. Building 510, which marks the entry point to the grounds, contains medical offices and medical tests laboratory. **Building 514, our new home, has the tallest profile and is named the Beach Cities Health Center.** Along with medical facilities and community services offices, the Beach Cities Health Center has the Silverado residential facility in one wing. Building 520 is also known as the Providence Medical building.

### *Thank You, CEIE and BCHD*

We owe thanks to the College of Extended and International Education (CEIE) for moving effectively to secure this facility. **Teresa Stevens**, Facility Manager, **Dean Kim McNutt**, Associate Dean **Lynda Wilson** and **Ed Cleek**, Finance Manager, made it happen. We were extended outstanding consideration by **Valerie Lee** and **Leslie Dickey** of the Beach Cities Health District, so we know that we are moving into a friendly, supportive location, congruent with our own mission and goals. **Thank you CEIE and BCHD!**

### *Celebrate at the Forum*

Due to a heartwarming coincidence, we will have our **Forum on July 29th**, the last Friday in July and of our stay at the Edison Center. And by happy coincidence we will have *The Artists Quartet* providing background music from 11:00

to 1:00, just as they did when we celebrated our 25th Anniversary. *The Artists Quartet*, a string ensemble, gave our Anniversary celebration a warm touch and will help us celebrate the beginning of a new era of activities in a welcoming, interesting setting. In addition, we will have a **speaker from the Beach Cities Health District** to talk about the Beach Cities (Manhattan, Hermosa, Redondo) Blue Zone. We are moving into the headquarters and epicenter of the Blue Zone and its beneficial, multifaceted health-focused activities. As it now stands, Omniole offers benefits in terms of what is now referred to as cognitive health, so we will be right in our element. Come to the Forum and learn about the Blue Zone philosophy and programming.

### *Parking? Yes There Is*

**In front of Providence Medical is an ample, literally underground parking structure for visitors and marked 514-520 Visitors Parking.** My advice to members is to use the underground lot, particularly the **lowest level, P-2**, which normally is half empty. An elevator will take you up to the lobby of Building 520, which you exit to get to Building 514. Additional parking is available behind the buildings. On the northeast BCHD campus corner there is surface parking, while **behind 510 and 514 there is a parking structure of about four levels.** Depending on time of day, parking availability in that lot improves as you go up toward the highest level. There are also other surface parking areas, but they are intended for short-term appointment patients and disabled motorists. Once you get accustomed to the grounds and time of day flow of people into the grounds, you will find a parking niche to your liking. Certainly, it will be no worse than the Edison Center, or even the Franklin Center, where on occasion I had to park on the street.

### *Orientation Visits End of July*

Once renovation of our suites is completed, maps and other information will be provided via emails, on our website and print materials. **We will also have staggered, small group orientation**

**visits the last weeks of this month.** You

will get more information through email, the website and your respective S/DG groups. Visits will be



done over the last two weeks of July to avoid having large groups affect parking. While we are expected to generate about 30 visitors mornings and afternoons, which parking can handle, the arrival of 60 or 80 individuals during peak hours would be frustrating for visitors and disruptive to patients arriving for their appointments.

Instead of the dilapidated environment at the Franklin Center and restrictive setting at the Edison Center, we will enjoy an environment maintained for professional services in Building 514, including the small "Silverado" Cafe, fitness center on the second floor and patio and lobby locations to sit and converse. Building 520 has a pharmacy adjacent to its lobby. There will be no traffic noise by our suites to interfere with discussions and presentations. Rooms benefit from central climate control in accordance with the seasons, a welcome amenity. There will be no need to leave the building to enjoy the cafe, fitness center, weather protected lobby or use of restrooms.

We also will be able to reserve two conference rooms at no charge for single session activities, both on the Lower Level near our suites. Advance reservations are required because other tenants in the building also must have access. **Public transportation stops are located on Prospect Avenue just outside the campus.**

### *Looking Forward to July....*

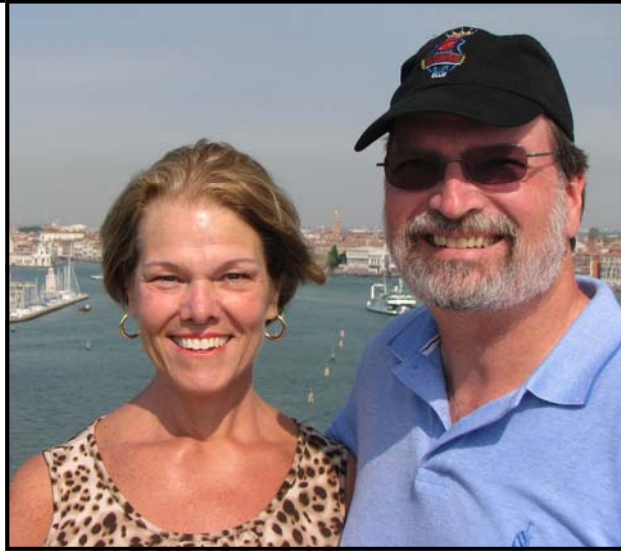
Renovation of the two suites is to be completed by the time you read this, but we have to wait for delivery of furniture and other items. **Our suites are on the Lower Level of Building 514, accessible by elevators at two locations (elevator buttons LL from the Cafe or B from the Lobby).** Our two suites face each other a few strides past the Beach Cities Room. The suites will have signs by their entry doors with Suite A, or Suite B, California

*Continued on page 4.*

**Omnilore Profile—Carolyn & Frank Pohlner**

by Kate Nelson

Frank and Carolyn Pohlner aren't so much retired as *re-inspired*. For them, retirement has meant ramping up their involvement in the community and creating an impressive balance between self-development and helping others. Since Frank retired from a long career at Raytheon, they have been engaged in a dizzying variety of activities, including Omnilore. Carolyn is taking four classes (and coordinating two of them); Frank is enrolled in three classes, coordinating one as well as serving on the Evaluation Committee and governing Board. Other passions include opera (Carolyn), woodworking (Frank), movies (both), gourmet cooking (mostly Frank, but Carolyn benefits), Meals on Wheels (Carolyn delivers meals once a week in Torrance and helps schedule drivers twice a week), playing guitar (Frank was once a guitar teacher), South Bay Literacy Council (Carolyn), various philanthropic organizations and lots of traveling, including visiting "nearly all" the national parks west of the Rockies and many in Canada. They've learned to synch their busy Google calendars to make sure they can see each other during the week.



Carolyn attributes her wide-ranging curiosity and community commitment to the Catholic schools that offered a broad, rigorous curriculum and encouraged a social conscience. When she drove for Meals-On-Wheels in Alabama, she was struck by the devastating poverty, but even more by the desperate loneliness of her clients. Even in Torrance, prosperous by comparison, she has seen the hidden poverty in the city and is determined to help alleviate both the physical and psychic suffering of her neighbors. One of the great

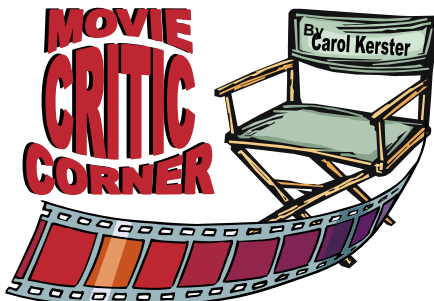
benefits of Omnilore, she says, is its social as well as intellectual connections. Carolyn was a member of OLLI in Huntsville, Alabama while Frank was on a work assignment there for three years, but they love the peer learning model in Omnilore. Frank is especially committed to the idea that everyone contributes to a class, though he is interested in exploring different options for making presentations, something other than the standard Power Point model. For a recent class, "How To Become a Con Man," Frank researched 3 Card Monte and demonstrated the con in class, impressing the group with both his research and his unnerving talent as a potential con man. Carolyn, too, encourages Omniloreans to take a risk when presenting. She recently took a poetry class in which one member dressed as Emily Dickinson and recited poetry in character. Next up for this fast moving couple is a Viking cruise from Prague to Berlin. When they get back, you'll no doubt see one or the other in most of your Omnilore classes in the fall.

(The picture was taken while sailing out of Venice, Italy.)

They met in Baltimore where they both grew up. Frank's career brought them to Southern California, a move that was supposed to be brief, but turned into a forty-three year stay in Torrance where they raised their two sons. Now that the boys are grown, their far-flung travels don't include tent camping, but they still love road trips, as evidenced by their traversing the entire 2500 mile length of Route 66 from Chicago to Los Angeles over a 27 day period in their Camry. Remarkably, they are still married.

The movie is available on Netflix. (Thanks to Vickie Volchok for this input.)

**You, too, can be a film critic!**  
Send your review to [Newsletter@Omnilore.org](mailto:Newsletter@Omnilore.org)



**Living is Easy with Eyes Closed**

This is a delightful Spanish Language movie filmed in Spain based mostly on fact.

A high school teacher uses Beatles lyrics

to teach English. When he hears that John Lennon is in Southern Spain, he takes off on a road trip to meet him and gets help deciphering some of the lyrics the class is studying.

While on the road trip he picks up two hitchhikers and takes them along for the journey. The characters are intertwined in such a way that you can't help but smile.

This unlikely meeting between the teacher & John Lennon is the start of the Beatles putting the lyrics in their albums. Soon, other artists and record companies followed suit.


The movie is available on Netflix.

(Thanks to Vickie Volchok for this input.)


**You, too, can be a film critic!**

Send your review to

[Newsletter@Omnilore.org](mailto:Newsletter@Omnilore.org)

 **A good pun is its own re-word**  
**Dijon vu - the same mustard as before.**

**The short fortuneteller who escaped from prison was a small medium at large.**

**Is a book on voyeurism a peeping tome?** 

A new way to evaluate your class experience is coming! It's easy to do, fun and comprehensive. But it's a **surprise** – so stay tuned and wait for an announcement in late August.

Did you enjoy your Summer Omnilore Classes?  
What did you especially like?  
Were there things that could have been better?



You'll be able to answer these questions and others in complete anonymity, and with plenty of room for comments.

We are always trying to make the Omnilore experience as enjoyable and informative as possible, and we need your help to do this. Your responses will help us to identify and pass along ideas that have enhanced the class experience and also to identify problem areas where steps need to be taken toward improvement.



Your thoughtful input will be of great help. Please respond when you receive this new and exciting survey.

*Continued from Page 2—President's Message*

State University Dominguez Hills, Omnilore on them. Suite A is the larger of the two rooms with a projected seating capacity of up to 26 for the largest Study and Discussion Groups (S/DGs), Special Interest Groups (SIGs) and other activities. Suite B is planned for groups of no more than 20 members. Tables are slated to have wheels for their base to facilitate reconfiguring them as needed. Some extra chairs will be available in Suite A for slightly expanded seating.

#### ***Maximum Benefit, Minimum Cost***

Our move will have very little financial impact on our budget. **Teresa Stevens**, Facility Manager for the College of Extended and International Education, is securing surplus CEIE furniture for us, while **Ed Cleek**, CEIE Finance Manager has worked on the finances for the remodeling of the two suites, along with securing wall screens, white boards and bulletin boards for each room. Meanwhile, the Budget & Finance Task Force has been working with **Hal Hart** on storage furniture and related needs, while the Technology Committee, represented by **Rick Spillane**, has worked on technology infrastructure with Teresa Stevens and **Jesus Ramirez**, CEIE IT Director, and Beach Cities Health District representative **Leslie Dickey**. Concurrently, **Hal Hart** and **Ruth Hart** have reworked the schedule with **Lynn Taber** so that all our current S/DGs will have assigned suites when we move into our suites August 1st.


In the longer term our OLLI fees will continue to help pay rental costs, which will be higher than at the Franklin, Edison or Knob Hill facilities. Of course, OLLI funds had paid the rent at our previous facilities and the CEIE may also help cover the increase in rent, which is a benefit to us from the

College. From our own budget the Board authorized use of our Operating Reserve funds to pay for some items, such as extra storage cabinets.

As noted earlier, we will be in a professional setting. While it is an excellent venue, it is not perfect. Nothing in the South Bay would be so. Travel will increase for some, a fact at any other location considered. Parking is plentiful, but the **underground Visitor Parking structure is highly recommended, particularly the lowest level (P-2), so as to allow persons with medical appointments access to the front parking lot.** Someone may find what he or she may regard as an inconvenience, but that would be true for any place visited during the search. We will all find there are a number of other advantages, including the heating and air conditioning, accessible restrooms just down the hall, a quiet environment and amenities in the building. There is even a small shopping and restaurants center next to the Beach Cities campus.

You can help by exercising your patience, which will be greatly appreciated, as we make a transition. Among other things, all of us will need to become accustomed to the new campus, which is larger and may seem confusing for some, but is very comfortable once you know the layout. **Look to the website for updates, accurate information and support. If you would like to offer a hand with the move, please email me. We may need some "hands" to move items and "guides" for the first week. Meanwhile we can celebrate at the Forum!**

**DEAN'S CORNER**



*Notes from CSUDH*  
by J. Kim McNutt  
Dean, Osher Lifelong Learning Institute  
College of Extended & International Education  
CSUDH

Greetings Omnimore members!  
I trust your summer is going great with family gatherings, vacation travel, grilling, day trips to the beach or mountains and myriad other activities we enjoy in Southern California. Reminder: CEIE operates an official sanctioned acceptance facility if you need a new or renewed passport.

Unlike other university offices, the College of Extended and International Education (CEIE) does not slow down for summer. In fact, it's our busiest time of the year as thousands of students enroll in our academic programs, training sessions and summer camps.

As you may know by now, Cal State University Dominguez Hills and CEIE have leased classroom and meeting space at the Beach Cities Health District (BCHD) located in Redondo Beach. By the time this article is published, construction and remodeling should be complete and ready for occupancy in late summer. It's a terrific location that should boost attendance, membership and access by Omnimore and OLLI members. The new location also allows CEIE an opportunity to pilot evening and weekend classes beginning Fall 2016. CEIE is funding the cost of remodeling, classroom furniture, AV equipment, Wi-Fi and Internet access. Extended education courses offered at BCHD will not conflict with Omnimore scheduled activities. This pilot program will inform our decision to offer additional courses and training programs in the South Bay at off campus venues.

Remember to encourage your friends to join OLLI and Omnimore to keep membership vibrant and growing. Stay cool and enjoy the rest of your summer.



**Summer & Onward—Best Sellers SIG Reads**

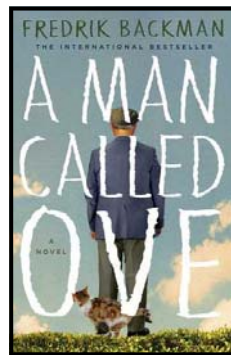
by Patricia Edie & Cindy Eggert

Omnimoreans love to read a good book! And more than that, they love to talk about it!

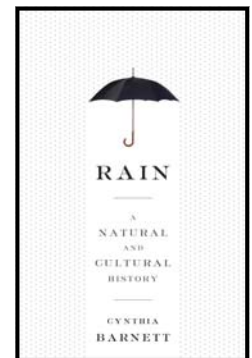
Each month, on the second Monday of the month, about 20 plus members and guests meet to discuss the chosen book for the month. We alternate each month between various works of fiction and non-fiction. The subject matter is varied and the discussion always animated.

Until we move to our “new rooms” at Beach Cities we will continue to meet in the Conference Room B at the Edison Center. When we move we will meet in Suite A.

Upcoming dates and book selections are:

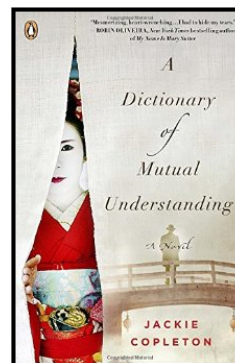


Monday, July 11:  
Fiction  
*A Man Called Ove*  
by Fredrik Backman



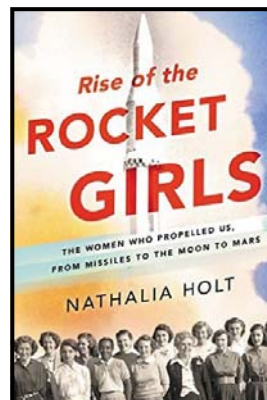
Monday, August 8:  
Non-Fiction  
*Rain: A Natural and Cultural History*  
by Cynthia Barnett

Monday  
September 12:  
Fiction  
*A Dictionary of Mutual Understanding*  
by Jackie Copleton



**OCTOBER: NO BOOK GROUP MEETING THIS MONTH**

... See you in November.



Monday, November 14:  
Non-Fiction  
*The Rise of the Rocket Girls*  
by Nathalia Holt

As with any SIG, you do not need to register to participate... just show up on the date prepared to participate.

Guests are always welcomed.



**OLLI Celebrates Juneteenth**  
 by Janice Champion  
*La Margo Washington, OLLI Director*  
**Osher Lifelong Learning Institute (OLLI)**  
**California State University, Dominguez Hills (CSUDH)**  
[www.csudh.edu/olli](http://www.csudh.edu/olli)



OLLI held its fifth Juneteenth celebration. What?

Juneteenth is a portmanteau combining 'June' and 'nineteenth'. June 19, 1865 is the day when the slaves in Texas heard about the Emancipation Proclamation. Do you remember the date of the Emancipation Proclamation? September 22, 1862. Why the delay?

Part of the reason is that Texas was the western edge of the Confederacy. After the fall of New Orleans in 1862, slaveholders in Mississippi, Louisiana, and other confederate states moved themselves and more than 150,000 slaves to Texas in order to escape the Union Army. By 1865, there were more than 250,000 slaves in Texas.

The Civil War officially ended on May 9, 1865, but the Army of the Trans-Mississippi did not surrender until June 2. Union General Gordon Granger arrived in Texas on June 18 and on June 19, in Galveston, read aloud General Order #3, emancipating the slaves.

Despite the announcement, many slaveholders decided to wait until after the harvest to free their slaves. Others just waited until the army arrived to enforce the Order.

In June 1866, some freed slaves decided to hold a celebration to commemorate the day General Order #3 was announced. However, that celebration was not without problems because several cities had segregation laws barring blacks from using the parks. Some freedmen, however, pooled their money and bought land for their own parks, such as the Emancipation Park in Austin, which still exists today.

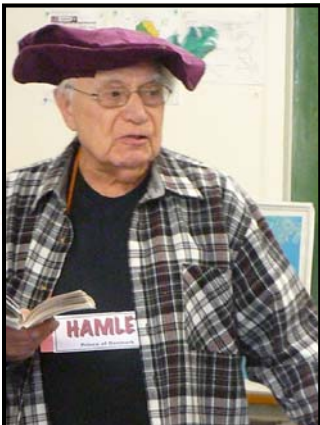
OLLI's Juneteenth celebration included a traditional Juneteenth lunch (fried chicken, greens, mac'n'cheese, watermelon, red drink, and more), singing traditional spirituals, skits, speeches, and prizes.

See more photos and videos from the OLLI Juneteenth Celebration at the Osher Lifelong Learning Institute at Cal State University Dominguez Hills (OLLI at CSUDH) Facebook Page. Like us and join us next year for our Sixth Annual Juneteenth Celebration.

More news from OLLI: \$20 annual parking permits are now available for purchase or renewal. To purchase the annual permit, go to Welch Hall room WH A-127 and get a signed permit form from the director, La Margo Washington. Then head to the cashier's office, also in Welch Hall.

As always, you can see on-line the latest news about OLLI, view the current catalog, and see the OLLI calendar (including the summer 2016 dates and planned dates/events/classes for the fall semester) at the CSUDH OLLI website:

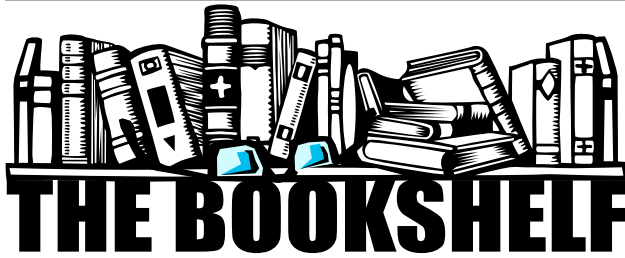
<http://www4.csudh.edu/olli/>.



## In Memoriam

### Ben Berris

Ben was born of Yiddish-speaking, working-class immigrants in 1922 in the Boston area. He was a veteran of the U.S. Army Air Corps, having served in WWII and the Korean War. Going to USC on the GI bill, Ben obtained a Pharmacy degree, along with Elaine, his wife of 63 years. They owned and ran a small neighborhood pharmacy while raising two sons. Ben joined Omnimore around the fall of 2007 at the urging of Elaine who was already a member. He fell in love with performing Shakespeare, and the group fell in love with his great performances and humorous takes on the characters he played.



**The Law**, by **Frederick Bastiat**. This teensy tome is influential out of all proportion to the number of pages in it. It was written almost 200 years ago by a Frenchman, reporting and reasoning about current economic conditions, with his country disintegrating around him in a revolution gone haywire. It was influenced by John Locke and in turn influenced modern thinkers. It is the work for which Bastiat is most famous, making assertions such as:

- ◇ Each of us has a right to defend his person, his property, and his liberty.
- ◇ Law is designed to protect this right.
- ◇ Law becomes perverted when it punishes one's right to self-defense in

with opposing points of view were understandably pithed.

**Steve Berry's** latest thriller – *The 14<sup>th</sup> Colony* – nicely blends American revolutionary history, Russian cold war leftovers and current-day terrorist problems. Our favorite presidential agents get called in by the Russian government to help find a key Russian scientist who has gone missing, and end up globe trotting with abysmal deadlines to try once more to save their country and the world. Bitter ex-KGB agents with a dream of the past, current Russian mob figures, a secret American organization and ambitious political animals add to the nail-biting, twisting aspects of this story. If this were not enough, the plot revolves around our

favor of another's acquired right to plunder.

With such pithy reasoning Bastiat needed no more than sixty pages to describe conditions in the third French Revolution of 1848. Of course, those

presidential succession line which, no matter what explanations have been written about or discussions had, remain murky after the vice president. Constitutional scholars weigh in with observations and along with other government experts, agree that if the top echelon of our leaders were eliminated, there would be chaos in our country. I'll let you read this book to figure out what comprised the 14<sup>th</sup> colony, another tidbit from our revolutionary past. As with all his books, Steve Berry does a chapter after the end of the book in which he tells which are truths and what he made up. In this instance, the truth is unsettling.

*Book suggestions from Omniloreans make this column work. Thanks to Rich Mansfield for contributing to this month's list. Please send your titles, with author's name and a brief description, to Johan (johansmith@ca.rr.com). Please put "Omniole Books" as the subject of your email. We look forward to hearing from you.*

*The Next*

## INTRODUCING OMNIOLORE MEETING:

**Thursday, July 28 - Conf. Room B - 1:30 p.m.**

**Help Spread the Word! RSVP 310-514-1415**



### OMNIOLORE Summer Forum Luncheon Reservation Form

WHEN: **Friday, July 29th, 2016—11:00 a.m.**

WHERE: **Los Verdes Country Club**  
7000 W. Los Verdes Drive  
Rancho Palos Verdes

**NO Reservations**  
**accepted after July 19th!**

Please make \_\_\_\_\_ reservations for the **Omniole Summer Forum Luncheon** at **\$22.00** each:

Name(s): \_\_\_\_\_  
(Please Print)

\_\_\_\_\_  
(Please Print)

\_\_\_\_\_  
Phone

\_\_\_\_\_  
E-Mail

Enclosed is a check for:  \$22.00 each

Vegetarian plate:  # \_\_\_\_\_ Regular plate:  # \_\_\_\_\_

**Total number of meals:**

Please make checks out to **CSUDH**, and put in the Forum Committee's box in Conf. Room B or send to:

Forum Committee, c/o Lori Geittmann  
420 Avenue E  
Redondo Beach, CA 90277-5122

- July**
- 4 **Independence Day**
  - 11 Best Sellers Book Group—12 noon-1 p.m., Conf. Rm. B
  - 14 Board of Directors Meeting—12 Noon-2 p.m., Conf. Rm. B
  - 28 Introducing Omnimore Meeting—1:30-3:30 p.m., Conf. Rm. B
  - 29 **Summer Forum**—11:00 a.m., Los Verdes Country Club  
(see article, page 1; reservation form, page 7)
- August**
- 8 Best Sellers Book Group—12 noon-1 p.m., Suite A
  - 11 Board of Directors Meeting—12 Noon-2 p.m., Suite A
  - 15 Input Deadline for September-October 2016 Newsletter
  - 19 Walking Group—10 a.m.-12 Noon

OMNIOLORE  
CALENDAR  
2016



**2016 Forums**  
 Winter—January 29th  
 Spring—April 29th  
 Summer—July 29th  
 Annual Mtg.—October 31st

**IMPORTANT:**  
 Calendar changes and additions  
 are scheduled with Lynn Taber  
[johnlynntaber@gmail.com](mailto:johnlynntaber@gmail.com)

**CPR/AED TRAINING**

*by Frank Reiner*

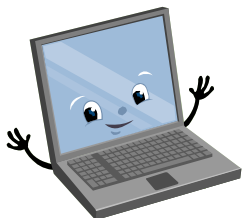
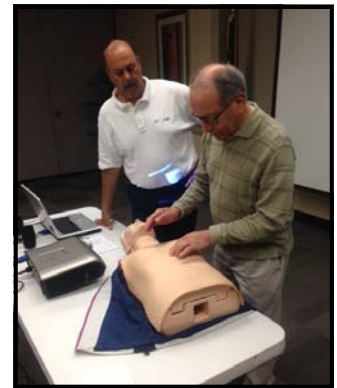
On June 17th twelve more Omnimoreans refreshed their lifesaving skills in a three-hour class with Paramedic Vince Dipane of the Redondo Beach Fire Department. They will now be recertified for two years. Fortunately, we have not had an emergency in our study groups, but it is reassuring to know that, if needed, most likely one of your classmates will know what to do until professional help arrives. An earlier group of twelve was trained in November. Thanks to all who have participated.

**Thanks to our newly certified members:**

**Bob Bragonier**  
**Gaylee Cabral**  
**Andrea Gargaro**  
**Bill Gargaro**  
**Chuck Gray**  
**Art Irizarry**  
**KC Johnson**

**Joy Jurena**  
**Howard Korman**  
**Paul McCaul**  
**Steve Miller**  
**Frank Pohlner**  
**Carl Spiegel**

*Paramedic*  
*Vince Dipane*  
*Watches*  
*Omnimore President*  
*Art Irizarry*  
*During CPR/AED*  
*Training*



**Computer Talks Is Taking July & August Off!**  
**Look for Us in the**  
**September - October Newsletter**

