



OMNIOLORE NEWS

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April 1993

OMNIOLORE NEWS

*a publication of The OMNIOLORE Society,
a Learning in Retirement Organization
affiliated with The Division of Extended
Education of California State University
Dominguez Hills*

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*OmnioLore News is published six times
annually. We welcome short feature articles
and news stories. Contact any of the staff
members with your contributions*

Staff Members

*Ginger Engstrom
Ronnie Saunders*

ALIROW CONFERENCE AT ASILOMAR

Members of Omnilore will have their first opportunity to rub elbows with other learning in retirement group members from the entire Western region when they attend the Eighth Biennial ALIROW Conference at the Asilomar Conference Grounds in Pacific Grove next month.

The ALIROW Conference and Elderhostel Institute Development Workshop will take place May 23-25.

ALIROW, the association of Learning in Retirement -- Western Region, of which OMNIOLORE is a member is a voluntary association of active participants in learning in retirement who meet periodically in conferences to exchange information and to learn from each other about the skills and requirements for the successful running of their campus organizations

Keynote address at the 1:30 PM opening session Sunday will be delivered by Marty Knowlton, co-founder of Elderhostel, who will discuss "Advanced Learning for the Retired Community -- a Growing Need and a Valuable Resource". Afternoon workshops will deal with public relations, developing organizational leadership, starting new institutes and establishing inter-generational approaches.

Following a wine and cheese reception, Milton Stern, former dean of extension, University of California, Berkeley, will be dinner speaker. He will also lead a panel discussion on the "Current Crisis in Higher Education" at the Monday luncheon.

Additional workshops on Monday and on Tuesday morning will explore new curriculum ideas and examine many subjects of current interest.

Guest speaker at the Monday dinner session will be Dr. George Von der Muhl, professor of political science, UCSC, who will explore "Clinton's First Hundred Days and his Policies regarding Higher Education."

The final session on Tuesday will be a general summation of the conference and proposals for future expansion of the Learning in Retirement Movement and consideration of a proposed enlarged national conference on the general topic of learning in retirement to be held in 1995 in conjunction with other national education associations.

The residential fee of \$215 covers all costs, including on-site lodging (double occupancy), six meals, and all meetings from 1:30 PM Sunday, May 23 through the close of the conference on 2 PM Tuesday, May 25.

Representatives from Omnilore will include Ethel and Ray Allen. Other persons interested in attending are invited to write Frances A.

Meyers, 1607 Angelus Avenue, Los Angeles, Ca 90026 or phone him at (213) 664-1322.



IN A NUTSHELL

(first in a series of reports on the Current Topics Discussion Group)

THE HIGH COST OF MEDICAL CARE

A Current Topic Discussion Group of seven people met February 16 to discuss the "The High Cost Of Medical Care."

Following an overview of the components of medical costs presented by Dr. Ray Allen, moderator, a lively two hour discussion ensued after which the participants were asked to express their goals for an approach to medical care.

The one belief held by the entire group was that good medical care should be available to all with special emphasis on pregnant women and children.

Other opinions, not uniformly held, were:

- ◆ Medical care should cost a recipient something in order to encourage a feeling of responsibility.
- ◆ Many of our current ills arise because few feel they have a stake in cost control (i.e. "My insurance will pay for my needs and insure that all charges are fair.")
- ◆ The AMA should do a better job of policing its members.

- ◆ Health care centers feel compelled to acquire advance technology equipment to remain current and then may over-prescribe tests to pay for its use.
 - ◆ Consideration might be given to a priority system (triage) for scarce or expensive resources which would emphasize health care for the young rather than sustaining life for the elderly.
 - ◆ Any national program should be self-supporting and not lost in the general revenue fund. Escalating administrative costs were criticized as such costs tend to be self-perpetuating and provide little benefit to the recipients of health care.
 - ◆ Although most of the group agreed that there should be rewards for people who cultivated wellness habits, no one offered an objective way to tell who should be rewarded.
- Finally, there was hope expressed that society could again be provided with a larger percentage of general practitioners than specialists, thereby affording a more personal relationship between doctor and patient.

UNIVERSITY OFFERS SUMMER FALL STUDY TRIPS

A series of 14 travel study programs are being offered by the Division of Extended Education, Cal State Dominguez Hills this summer and fall. Trips will be led by college faculty escorts and will feature in-country specialists chosen for their knowledge and fluency in English. In addition, special small group luncheons with local residents have been arranged.

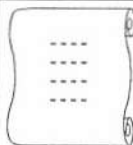
Study trips will include:

Costa Rica	June 4 - 17
Eastern Europe	July 24 - August 7
Hawaii	July 27 - August 7
Russia & Ukraine	July 4 - 18
Australia	July 9 - 30
Brazil	August 2 - 15
Egypt	October 3 - 15
Morocco	October 16 - 30
Indonesia	Oct. 19 - November 3
Galapagos Islands	June 19 - July 2
	July 17 - 30
	August 7 - 20
	October 2 - 15
Kenya	July 14 - 30
	June 28 - July 14
	July 26 - August 11
	October 11 - 27
China	June 28 - July 17
	July 19 - August 7
	October 5 - 21
Ireland	July 15 - 29
	September 16 - 30
Alaska	June 18 - July 4
	July 2 - 18
	July 16 - August 1
	July 30 - August 15
	August 13 - 29



RESTAURANT RECOMMENDATIONS SOUGHT

It has been suggested that some OMNILORE groups might occasionally enjoy meeting for lunch at a restaurant near the Knob Hill campus. Members who know of a good restaurant or two in the area are invited to contact Margaret Koch, membership chairman at (310) 373-9979. Your recommendations will be compiled and published in the next issue of the OMNILORE newsletter.



POET TREE MAY 6

Poetry lovers are invited to join members of the

Contemporary Literature study/discussion group when they gather beneath the trees outside Classroom 8 Thursday, May 6 for a Poet Tree. Participants are invited to bring a brown bag lunch, a comfortable blanket or deck chair and their favorite short poem. If possible, please bring 15 extra copies of your poem to share as you read. The session will start at noon and conclude at 2 p.m.

Persons desiring complete itineraries and prices should contact the Division of Extended Education at 100 East Victoria Street, Carson Ca. 90747 (310) 516-3741.



WELCOME NEW MEMBERS

Barbara Gary
Rose Shields

WELCOME TO OMNILORE!

OMNIOLORE PROFILES

Peggy Houghton - Secretary

Peggy Houghton is a woman who has always been ahead of the times. Long before it became fashionable to go to college after raising a family and long before the phrase "single mother" became a buzzword, Peggy Houghton blazed the trail for the next generation.

Born in Rochester, N.Y., Peggy spent the depression years attending the University of Rochester on scholarships and loans. She married and divorced at an early age and was forced to drop out of college after working three years towards a teaching degree, to work full time to support her children.

At the time her younger daughter went off to college, Peggy decided to complete her own education, working half days and practice teaching half days in a small town near Rochester. When the superintendent of schools in Newark, N.Y. observed her in action, he offered her a job. She spent exactly one year teaching English in the small upstate New York school before deciding to head for the sunny climes of Southern California.

After settling her daughter in her digs at Brown University in Providence R.I., Peggy relocated to Long Beach, California where

she substituted for a semester before taking a permanent teaching job for LAUSD in Lomita. That fall she enrolled at USC where she received both her master and doctorate degrees.

Because she always felt that the time to make a difference in the life of another human being is in their early teens, she choose to teach at the Junior High School level. At first she taught English, but later her pleasure in helping children with special needs led her to devote herself to teaching remedial reading.

Peggy's interest in helping people with special needs did not stop when she took early retirement from LAUSD. She taught computer science part time at El Camino and became involved in volunteer literacy work with the South Bay Literacy Council. In her volunteer capacity she tutors English speaking people in literacy, Non-English speaking people in both conversation and literacy and trains other tutors.

Peggy's philosophy, borrowed from a dear friend, is "People are like plants. They need to be repotted frequently to thrive" Needless to say, she has found it a joy to thrive in the OMNIOLORE garden.

**COMMITTEE OF THE MONTH
COMMUNICATONS COMMITTEE**

The Communications Committee is responsible for keeping you informed of what is happening at OMNIOLORE. It is the committee's responsibility to let the membership know when it is time to suggest or sign up for new study/discussion groups, to inform you of special activities or programs, and to keep you apprised of any matters of interest members wish to pass along.

To do this in a timely manner, the committee utilizes three tools; the OMNIOLORE newsletter, which comes out every other month; the intermediate announcement letter, which is read by the coordinators at the beginning of each study/discussion meeting; and the master calendar, which is posted on the bulletin board at the beginning of the semester and updated as needed.

At the present time the committee consists of Ronnie Saunders and Ginger Engstrom co-editors of the newsletter. However, there is a need for volunteer help if you would enjoy working with them. Specifically, one person is needed to maintain the calendar and one person is needed to prepare and disseminate the intermediate announcements to the coordinators.

Should you be interested in serving on the Communications Committee in any of these capacities, please contact Ronnie Saunders, Communications Chair at (310) 540-1429

**NORRIS THEATRE
OFFERS "VALENTINO"**

The third free offering in the current Playwright Development Project will be "Valentino"; a fantasy by Nora Boland-Ullrich and Paca Thomas. The event is set for Saturday June 12 at 8 p.m. at the Norris Theatre, Crossfield Drive at Indian Peak Road. A reception will follow the play.

Because seats fill quickly, interested persons are advised to call the Norris Theatre Box Office for free tickets to this performance. Call (310) 544-0403 (Tuesday through Friday, 10 a.m. to 6 p.m.; Sunday, 12 p.m. to 4 p.m.)

OmniLore News.

Comments and input can be sent to

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CALENDAR

April 6th	Passover
April 9-11th	Good Friday -Easter
April 15th	Deadline for Summer Study/Discussion Registration
May 3-7	Summer Coordinators' Conference
May 13	Board of Directors' Meeting
May 15	Deadline for June Newsletter
May 23-25	ALIROW Biennial Meeting, Asilomar, Monterey, Ca.
May 31	Memorial Day
June 3	Board of Directors' Meeting
June 7	Summer Study/Discussion Groups Begin
June 24	Deadline for Fall Study/Discussion Suggestions



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